

# Midwifery Programs

## **Birthingway College of Midwifery**

[www.birthingway.org](http://www.birthingway.org)

12113 SE Foster Road

Portland, Oregon 97266

503-760-3131

Direct-Entry Midwives are specialists in birth outside the hospital, at home and in free-standing birth centers. The legal requirements for direct-entry midwifery education and licensing vary by state. In the United States, there is national certification for direct-entry midwives, but no national licensing. A Certified Professional Midwife (CPM) is nationally certified through the North American Registry of Midwives (NARM). If a midwife is licensed, it will be by the state(s) she practices in. Not all states offer licensing. In Oregon, midwives may choose to become a Licensed Direct-Entry Midwife (LDM).

Most direct-entry midwives are self-employed, providing care in a private office or at the client's home. Sometimes they work together at birth centers. Income varies depending on how many births a midwife attends, the area she lives in, what her fees are, and her expenses. A full-time midwife attending 3-5 births per month can expect to support herself and her family comfortably, but not lavishly.

Students who complete all of our midwifery program components should have achieved sufficient classroom and clinical knowledge to meet examination and experiential requirements for national (NARM) professional certification and Oregon state licensure as a direct-entry midwife. Such credentialing is not conducted by Birthingway. Other states may have different requirements.

### Requirements for a **Certificate in Midwifery**:

Required to graduate: 95 credit hours:

- 49 credit hours in Midwifery Core Courses
- 26 credit hours in Midwifery Supplemental & Elective Courses
- 20 credit hours in Apprenticeship Credit

### Requirements for a **Bachelor of Science in Midwifery**:

Required to graduate: 125 credit hours:

- Certificate of Midwifery
- 30 semester credit hours of General Education (45 quarter credits)

### General Education Courses:

- Six semester hours of English Composition
- Six semester hours of Humanities: Language, Lit., PHL, religious thought, fine arts (not emphasizing performance skills)
- Six semester hours of Social Studies or Sciences: ATH, Cult. GEO, HST, Religious HST and Culture, ECON, PS, PSY, and SOC
- Six semester hours of Natural Sciences: BI, CH, PHY, G, Physical GEO, and MTH
- Six additional semester hours in any Humanities, Social Studies or Natural Sciences course work

### **Application prerequisites:**

- H.S. or GED
- College Expository Writing course- PCC's WR 121- grade "B" or better
- BI 121 & 122 or BI 231, 232, & 233 with a "B" grade or better or take Anatomy & Physiology for Midwives at Birthingway
- Labor Doula Workshop or Course. A workshop is offered at Birthingway
- Meet technical standards. Technical standards are described at: [http://birthingway.org/application\\_process.html](http://birthingway.org/application_process.html)

Applications must be post-marked by **October 15**. Late applications will only be considered for admission if space is available after all other applicants have been considered. We recommend that applicants keep a copy of the completed application.

**Total cost for 3 year program: \$ 41,814**

# Oregon Health Sciences University

[www.ohsu.edu/son](http://www.ohsu.edu/son)

3455 SW US Veterans Hospital Rd.

Portland, OR.97239

503 494-7725

Certified nurse-midwives manage women's health care focusing on pregnancy, childbirth, postpartum, care of the newborn, and the family planning and gynecological needs of women. Nurse midwives provide primary care to women as well as specialty care and support for expecting mothers.

Upon graduation, more than half of all CNMs work primarily in an office or clinic environment, especially in hospitals or physician practices. CNMs in Oregon practice in a variety of settings including public health departments, university hospitals, private hospitals, home birth services, HMOs, birth centers and private practices. Compared with physicians, CNMs generally spend more time with patients during prenatal visits and put more emphasis on providing patient counseling, education, and emotional support. Most CNMs attend to their patients on a one-on-one basis during the entire labor and delivery process.

## **Requirements for the Master's degree in Midwifery**

**Prior Degree** It is expected that applicants to the nursing graduate programs have a B.S. with a major in nursing or B.S.N. degree from a program accredited by the National League for Nursing Accrediting Commission or the Commission of Collegiate Nursing Education. Applicants to the Master of Public Health degree program must hold a bachelor's degree in any field.

## **RN Status (MPH applicants excluded)**

Must be eligible for an [Oregon registered nurse license](#) upon application.

Must be licensed in the state of Oregon prior to matriculation.

May need to have completed at least one year of clinical practice as an RN (depending on individual specialty requirements).

**Work Experience** Depending on your program of interest, you may need at least one year of experience as an RN to qualify. Below is a list of programs that require or recommend work experience:

Certified Nurse Midwifery - recommended one year of labor and delivery experience.

Family Nurse Practitioner - strongly recommended one year of experience as an RN.

Nurse Anesthesia - required one year of experience as an RN in a full-time, adult, critical care, ICU setting. Typically admitted applicants have two to five years of such experience.

Psychiatric Mental Health Nurse Practitioner - recommended one year of experience as an RN.

**Grade Point Average** Minimum cumulative GPA of 3.0.

**Graduate Record Exam (GRE) Scores** [GRE](#) scores competitive (typically combined score of 1000 for Verbal and Quantitative sections).

**Statistics** Must successfully pass a basic statistics course with a grade of "B" or better within five years prior to entry into the master's program. Go to [Oregon Prerequisites Guide](#) and [Washington Prerequisites Guide](#).

**Computer Requirements** School of Nursing students are required to have access to a computer with pre-determined minimum capabilities, independent of the School of Nursing and university resources. All students are required to have minimal computer literacy skills.

## **Tuition for the Master of Science or Master of Nursing:**

\$470.00/credit for Oregon Residents

\$1462.00-1626.24/term for fees (varies by campus)

## International Center for Traditional Childbearing

[www.blackmidwives.org](http://www.blackmidwives.org)

2823 Rosa Parks Way  
Portland, Oregon 97217  
503-460-9324

[ICTC@comcast.net](mailto:ICTC@comcast.net)

Shafia Monroe: [sistahmidwife@msn.com](mailto:sistahmidwife@msn.com)

ICTC is a non-profit, culturally diverse, pregnancy support, health promotion and training organization offering prenatal and parenting classes, doula services/training's and complete pregnancy support. As a whole, ICTC strives to positively impact the lives of the unborn, newborn, mothers, fathers and their families; through education, breastfeeding promotion, and overall self-care. ICTC is fully committed to the empowerment of women, increasing positive birth outcomes and decreasing infant mortality in African American Communities.

### **Rites of Passage Midwifery Training**

This is a 24 month on-line midwifery training program currently in development.

ICTC sponsors Full Circle Birth Companion/Doula training, as well as the Rites of Passage Midwife Training (RPMT). Our trainings are perfect for students interested in learning midwifery or Doula skills from an international perspective, focusing on enhancing the prenatal and birth experience for women and their families. Full Circle Birth Companion Doulas will learn also learn Childbirth Education methods, New Baby Care, and Breastfeeding counseling. Our training staff is comprised of midwives, health workers, and guest speakers, who are experts in the maternal and child health field.

The International Center for Traditional Childbearing (ICTC) is a non-profit infant mortality prevention, pregnancy support, and midwife/doula training program, established in 1991.

ICTC encompasses oral traditions from Africa, the Caribbean, and the "Deep South." We educate and advocate through community workshops, study groups, or just one to one support. ICTC is inclusive in its membership. We have an affirmative action policy that we uphold in spirit as well as letter.

ICTC supports aspiring and student midwives through information and referrals. We are a midwife promotion, recruitment, and training organization for Black women who want to become midwives and serve their communities.

## Aviva Institute (on-line program)

<http://www.avivainstitute.org/index.htm>

**Aviva Institute** offers **exceptional midwifery education** in addition to training for doulas, childbirth educators, lactation specialists and related professionals.

We offer both short term training as well as **certificate** and a **Bachelor of Science** in Midwifery.

Our **community-based** model provides all academic coursework **100% online**, with clinical (hands-on) training in the student's home community, with an approved [preceptor](#), or in one of our many affiliated [clinical sites](#).

**Learn from the best.** Because we are not limited by geography, we have extraordinary [faculty](#) from all over the country. The wide range of backgrounds and philosophies allows students a broad base of knowledge, wisdom, and experience from which to learn. Our [staff](#) has over 30 years experience training midwives, operating midwifery schools as well as serving on national certification and accreditation boards.

Midwifery programs are based on the [MANA Core Competencies](#), are designed to prepare students for the [Certified Professional Midwife](#) (CPM) credential, and to meet or exceed US state licensing or certification requirements in these [states](#).

At Aviva Institute, we are passionate about birth, optimal health, and natural healing. **Aviva means life.** We teach the essential components – birth, health, and family – to make a difference in others' lives.

**Approved Preceptors:** Portland Area, Madrona Bourdeau CPM, LDM , Jennifer Gallardo, CPM, LDM

### **Affiliated Clinical Site:**

Andaluz Waterbirth Center

19255 SW 65th Ave Suite 220 Tualatin, OR 97062

Licensed Birth Center and Homebirth practice, five licensed staff midwives.

Average births per month: 15-20

### **Fall 2009 tuition:**

**Certificate:** \$105/credit /\$40.00 clinical credit

100 didactic credits/ 68 clinical credits = \$13,220.00

### **Prerequisites for Admission:**

1. Hold a high school diploma or GED.
2. Non-native English speakers must have a [TOEFL iBT](#) score of 79 or higher.
3. Must be able to be online five out of every seven days. Any time of day is fine, but must be able to devote time to study, estimated time 20-30 hours a week.
4. In cases where there is not an [approved preceptor](#) in your area who does enough births to meet graduation requirements in a reasonable amount of time, you must be able to travel or relocate to an [Affiliated Clinical Site](#).
5. Two letters of reference from someone not related or living with you describing why you would make a good midwife.
6. You must have a commitment to the midwives' model of care, and completing your midwifery training as a CPM.
7. Successful completion of the following courses:
  - [Orientation and Study Success](#) (must be taken at Aviva)
  - [Medical Terminology](#) (may transfer if two or more credits)
  - [Human anatomy & physiology course](#) with a focus on female reproduction
  - Complete an approved birth doula course. Aviva is offering a distance [doula](#) course if one is not available in your area.

For computer requirements and more information on the certificate program visit:

<http://www.avivainstitute.org/midwiferycertificate.htm>