

February 21, 2002

02-071

AUTHORITY TO SUBMIT AN APPLICATION TO THE STATE BOARD OF EDUCATION AND THE OFFICE OF DEGREE AUTHORIZATION FOR APPROVAL OF THE FOLLOWING CERTIFICATE DEGREE PROGRAM: FITNESS TECHNOLOGY

PREPARED BY: Dr. Guy Sievert, Dean of Academic Services, Portland Community College

APPROVED BY: Dr. Jesus Carreon, President

REPORT: This program will provide students with a certificate and an AAS degree option in Fitness Technology. The Certificate program prepares students for entry-level positions as a fitness technologist with skills in personal training and group exercise instruction. Career opportunities include directing safe and effective fitness programs, fitness testing, and providing instruction for clients in appropriate sport and fitness activities. The two-year degree prepares students for the same career opportunities as the Certificate program, but includes additional study in assessment and programming for special populations such as senior citizens, youth, or clients with disease risk factors as well as additional practical experience. The AAS will prepare students to take the ACE Personal Trainer exam and the American College of Sports Medicine (ACSM) Health/Fitness Instructor certification exam.

RECOMMENDATION: That the college be authorized to submit an application to the State Board of Education for the one-year certificate and AAS in Fitness Technology.

Director Anderson moved to approve Resolutions 02-066 through 02-073 by consent agenda and it passed unanimously.