

Exhibit A

Articulation and Transfer Criteria

Portland State University

and

Portland Community College

Associate of Applied Science in Fitness Technology

Portland State University (PSU) and Portland Community College (PCC) agree that students earning an Associate of Applied Science (AAS) degree in Fitness Technology from PCC may transfer to Portland State University with the following understandings:

1. This Agreement applies to students majoring in the Physical Activity/Exercise concentration of the Community Health major at PSU. (If the student chooses a different major, the courses from the AAS may or may not transfer to PSU.)
2. The intent of this Agreement is to facilitate baccalaureate attainment for students in the Fitness Technology AAS program at PCC. The combination of courses required in this AAS have been identified as providing the student with sufficient rigor and content to facilitate their success at PSU.
3. All courses numbered 100-level or above used to complete the AAS in Fitness Technology are eligible for transfer to PSU and may be applied as lower division credits toward the minimum 180 credits required to earn a baccalaureate degree. A minimum of 90 eligible credit hours of 100-level or above coursework is required in order to grant the student junior standing at PSU for the purposes of registration only. To be eligible for transfer to PSU as part of this agreement, a grade of B or higher must be earned in all courses used toward the Physical Activity/Exercise concentration. All other courses must have a grade of at least a C or above. (See Credit Transfer Guide).
4. The courses will transfer as identified in the Credit Transfer Guide.
5. As appropriate, courses transferred may fulfill lower division degree, general education, elective, and/or major requirements. See appropriate Advising Guide for requirements that are current as of Fall 2009. (It is best for the student to work with an academic adviser to determine which catalog rules apply. Students must abide by the PSU seven

year catalog eligibility rule, which holds that graduation requirements for a given catalog expire at the end of seven years.)

6. Students may have lower-division requirements to fulfill in addition to the AAS and will be responsible for completing all graduation requirements for PSU in effect at the time of graduation from PSU in order to earn a baccalaureate degree.
7. Students must meet PSU admission requirements in place at the time they apply for admission to PSU.
8. This Agreement will be in effect beginning Fall 2009, or upon date of last signature, whichever is later. Curriculum changes by either PSU or PCC must be communicated in writing to the Chief Academic Officer no later than June 30th of any academic year. Each partner assumes responsibility for informing their students of curricular revision that would impact their progress towards the degree. This agreement will be reviewed every three (3) years to ensure the continued appropriateness and viability of this Agreement.

For questions, please contact the following:

Portland State University:

School of Community Health
450 URBN Center * 503-725-4401 * www.healthed.pdx.edu

Undergraduate Advising and Support Center
425 Smith Memorial Student Union * 503-725-4005 * advising@pdx.edu

Community College Relations
425 Smith Memorial Student Union * 503-725-9546 * cctransfer@pdx.edu

Portland Community College:

Fitness Technology Program
Sylvania Campus, HT 215 * 503-977-4210 * www.pcc.edu/programs/fittech

Updated: February 19, 2010

Credit Transfer Guide for

Portland Community College AAS in Fitness Technology

For a current list of course transfer equivalencies, go to www.pdx.transfer.org

PCC Course		Credits	transfers to PSU as
BI/CH	***	4-5	BI/CH LD
CG	280C	1	GEN LD
CG	280D	1	GEN LD
FN	225	4	CH 250
FT	101	3	VOC TECH/GEN LD
FT	102	3	VOC TECH/GEN LD
FT	103	3	GEN LD
FT	104,	3	
FT	105 &	3	Waives PHE 474 & 475
FT	201	3	
FT	106	3	Waives PHE 370
FT	107 &	3	
FT	204	3	Waives PHE 473
FT	131	4	VOC TECH/GEN LD
FT	202	3	VOC TECH/GEN LD
FT	203	3	VOC TECH/GEN LD
FT	280	4	Waives 4 credits of PHE 404
FT	280CE	4	VOC TECH/GEN LD
HPE	295	3	PHE 295
PE	181A	1	PE 185
PE	281	2	PE LD
PE	282A	1	PE LD
PE	282B	2	PE LD
PE	283	1	PE LD
PE	287	1	PE LD
PSY	101	4	PSY LD
SP	111	4	SP 220
WR	121	4	WR 121
Total	Major	77-78	
Gen	Ed	12-13	
TOTAL	CREDITS	90	

Note: PCC General Education requirements include 16 credit hours of General Education in the following: 1. Arts & Humanities; 2. Social Science; and 3. Mathematics, Natural & Physical Sciences. The 16 credits must include at least one course of at least 3 credits from each general education category and no more than two courses from any one category. Two of the program course requirements may be used to meet this requirement.

GEN=General credit and VOC TECH CREDIT = Credits apply to the 180 credits required to graduate, but are not assigned to a specific department and do not count as Upper Division credits. LD=Lower Division. NOTE: If the AAS in Fitness Technology is not completed, only FT 103 and 12 credits of other FT courses will transfer to PSU as general electives.

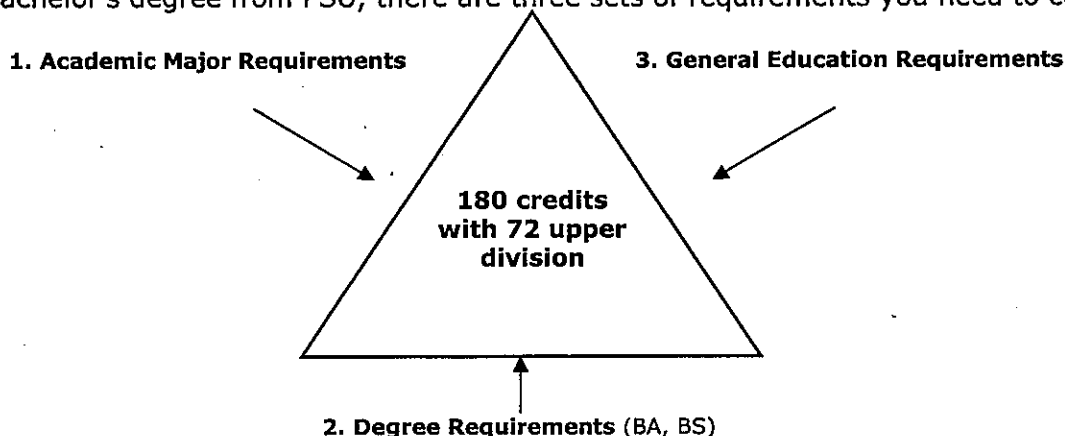
ADVISING GUIDE

for Fitness Technology A.A.S. Articulation Agreement

Transferring to Portland State University (PSU) with the A.A.S. in Fitness Technology from Portland Community College (PCC) grants you junior status at PSU for the purposes of registration and for placement in PSU's University Studies General Education curriculum. It is important that you are also aware of other requirements needed in order to graduate from PSU. This advising guide is designed to inform you of those requirements and help in planning your transfer to PSU. This is no substitute, however, for meeting with an academic adviser!

All credits used to toward graduation at PSU must be 100-level or above. The minimum number of credits needed to graduate from PSU is 180. Of those 180 credits, a minimum of 72 must be at the upper division (300 and 400) level. Note that PCC does not offer upper division coursework. Unless you are transferring upper division coursework from another 4-year college or university, you will need to complete at least 72 upper division credits at PSU.

To obtain a Bachelor's degree from PSU, there are three sets of requirements you need to complete:



The combination of credits from these three areas may not equal 180 credits or the 72 upper division credits, so you may have elective credits to take as well. While it is not a requirement to earn a minor, some students choose to use their elective credits toward a minor or even a second major. Talk with an academic adviser to determine your options.

1. ACADEMIC MAJOR REQUIREMENTS

This articulation agreement applies only to the **concentration in Physical Activity/Exercise within the Community Health major**. Refer to the PSU Bulletin or appropriate website for major requirements. If the AAS in Fitness Technology is completed, a minimum of 90 credits will transfer to PSU. Classes that apply specifically to the Physical Activity/Exercise concentration are as follows:

PCC Courses	PCC Credit hours	PSU Courses
FT 107 & FT 204 Exercise Science	6 credits	Waives PHE 473
FT 104, 105, & 201 Fitness Assessment	9 credits	Waives PHE 474 & 475
FT 106 Analysis of Movement	3 credits	Waives PHE 370
FT 280 Internship	4 credits	Waives 4 credits of PHE 404

NOTE: This Advising Guide is a supplement to the Articulation Agreement and does not replace or supersede that agreement.

2. DEGREE REQUIREMENTS

The majority of majors at PSU allow you to choose either a Bachelor of Arts (BA) or a Bachelor of Science (BS). Below are the requirements for both the BA and the BS:

Bachelor of Arts

Required:	Completed in A.A.S.	Completed in PSU Major	Left to Complete*:
8 credits: Arts and Letters	8 credits: <u>WR 121 & SP 111</u>		completed
4 credits: Fine & Performing Arts			4 credits: _____
4 credits: Science or Math		4 Credits: <u>Stat 243</u>	completed
8 credits: Science, Math, or Social Science	9 credits: <u>BI or CH & PSY 101</u>		completed
Foreign language at the 203 or higher** (or show competency at that level)			4 - 24 credits: _____ **

- OR -

Bachelor of Science

Required:	Completed in A.A.S.	Completed in PSU Major	Left to Complete*:
8 credits: Lab Science		8 credits: <u>BI 301, 302</u>	completed
4 credits: Lab or Non-Lab Science	4-5 credits: <u>BI or CH</u>		completed
12 credits: Arts/Letters and/or Social Science	12 credits: <u>WR 121, SP 111 & PSY 101</u>		completed
4 credits: Math or Statistics		4 credits: <u>Stat 243</u>	completed

**These classes may be completed as part of your general education, prerequisite, or elective requirements for the A.A.S. Speak with an adviser to determine which classes to take to meet requirements.*

****Foreign Language Requirement for Bachelor of Arts:** Students with no previous knowledge of a foreign language will need to complete two full years of a language at the college level for a Bachelor of Arts (BA). Students who already possess sufficient competence in a foreign language may meet the BA language requirement by completing any foreign language course numbered 203 or for which 203 is a prerequisite, or otherwise demonstrate proficiency with the Foreign Languages and Literatures Department at PSU.

NOTE: Students who graduated or would have graduated from high school in Oregon in 1997 or later must have *two years of foreign language at the high school level or two terms at the college level* to meet admission requirements, even if they plan to pursue a BS degree. Students transferring to PSU must submit a high school transcript if they completed this requirement at their high school.

Arts & Letters	Sciences	Social Sciences
Applied Linguistics, Architecture*, Art*, Arts & Letters, Black Studies (221, 351, 352, 353, 421, 424-427 only), Communication Studies, Conflict Resolution, Dance, English/Writing, Foreign Languages & Literatures, Humanities, Music*, Philosophy, Speech & Hearing Sciences, Theater Arts* * Denotes Fine & Performing Arts	Biology, Chemistry, Environmental Studies, Geology, Physics, Science Education (SCI)	Admin. of Justice (220 and 330 only), Anthropology, Black Studies (except 221, 351, 352, 353, 421, 424-427), Chicano/Latino Studies, Child/Family Studies, Economics, Geography, History, Int'l Studies, Native American Studies, Political Science, Psychology, Social Science, Sociology, Urban Studies & Planning, Women's Studies

3. GENERAL EDUCATION REQUIREMENTS

All colleges and universities have general education requirements designed to provide the breadth of knowledge and skills expected from college graduates. At Portland State University, you will be required to follow the **University Studies program** for general education. This program emphasizes an understanding of **communication, critical thinking, social and ethical responsibility, and the diversity of human experience.**

Generally, the University Studies program consists of four components: Freshman Inquiry, Sophomore Inquiry, Upper Division Cluster, and Senior Capstone. Because you will be transferring with the A.A.S. in Fitness Technology at PCC, you will enter PSU with junior status. That means that you will only need to complete the Upper Division Cluster and Senior Capstone portions of University Studies.

Descriptions of the Cluster topics and Capstones courses are available in the *Schedule of Classes* each term or online at www.pdx.edu/unst.

<u>UPPER DIVISION CLUSTER (12 credits)</u> Cluster Topic: _____ Choose 3 classes from one cluster list		
Cluster Course _____	Cluster Course _____	Cluster Course _____
<u>SENIOR CAPSTONE (6 credits)</u> UNST 421 (title) _____		

What if you don't complete the A.A.S.?

If you do not complete the A.A.S. in Fitness Technology at PCC or complete the concentration in Physical Activity/Exercise for the Community Health major at PSU, you will be placed in University Studies based on the number of transferable credits you complete. **(Please note, if you do not complete the A.A.S., you may only transfer 12 credits of classes taken at the community level that transfer to PSU in the category of vocational/technical credits at PSU)** Students begin with the course indicated below and complete the remainder of the UNST program. Once a student has registered for courses at Portland State as a formally admitted student, additional credits completed at another institution will not change this placement. The exception to this policy is for students participating in co-admission. (For information about co-admission, go to http://www.pdx.edu/uasc/ccr_coadmission.html.)

Credits transferred	University Studies Placement
0-29 credits	Freshman Inquiry
30-59 credits	3 Sophomore Inquiries
60-74 credits	2 Sophomore Inquiries
75-89 credits	1 Sophomore Inquiries
90 or more credits	Upper Division Cluster + Senior Capstone

ACADEMIC ADVISING

Both PSU and PCC believe that academic advising should be a part of your entire academic career. Because you will be transferring through a specialized articulation agreement, academic advising becomes even more important in order to help you choose appropriate courses and complete your Associate's and Bachelor's degrees in an efficient manner. In addition to working with an adviser, you should plan to attend New Student Orientation at both PCC and PSU. When you apply for admission, you will receive information about Orientation dates and times.

Advising Locations:

Portland Community College-Sylvania Campus:

Fitness Technology Program
Health Technology Building, (HT) Room 215
503-977-4210
www.pcc.edu/programs/fittech

Portland State University:

School of Community Health
450 Urban Center **503-725-4401** www.healthed.pdx.edu

Community College Relations
425 Smith Memorial Student Union **503-725-9546** www.pdx.edu/uasc/ccr.htm

Undergraduate Advising and Academic Support Center (UASC)
425 Smith Memorial Student Union **503.725.4005** www.pdx.edu/uasc

APPLYING FOR ADMISSION

Portland Community College:

To be accepted into the **Fitness Technology Program** you must:

1. Have a HS Diploma or Equivalent
2. Submit an on-line application at: <http://www.pcc.edu/admissions/>
3. Attend a Fitness Orientation
4. Successfully complete MTH 65 and WR 121 with a grade of "C" or better
5. Complete and submit a Fitness Technology Program application
6. Complete an interview with the program director

Portland State University:

Submit an application for undergraduate admission with the non-refundable application fee. Include official transcripts from all colleges or universities you have attended, including PCC. You must have a 2.25 GPA to be admissible. For transfer students applying Fall 2010 and later, completion of WR 121 with a C- or better is required. Deadlines may apply. For more information about regular admission and co-admission, go to <http://www.pdx.edu/admissions/undergrad.html>