



# September 2020

## Virtual Workshop Calendar

## WorkSource Beaverton-Hillsboro and Tualatin

Updated: 8/19/2020

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>Health Careers NW (HCNW) Information Session (Virtual)</u></b>            WS Beaverton-Hillsboro            September 21<sup>st</sup>            12:30-2:00pm            To register email:  <a href="mailto:garmstro@pcc.edu">garmstro@pcc.edu</a></p>	<p><b><u>Career Exploration (Virtual)</u></b>            WS Beaverton-Hillsboro            September 15<sup>th</sup>            11:00am-1:30pm</p> <p><b><u>Health Careers NW (HCNW) Information Session (Virtual)</u></b>            WS Beaverton-Hillsboro            September 22<sup>nd</sup>, 1:30-3:00pm            To register email:  <a href="mailto:Peter_Ladley@co.washington.or.us">Peter_Ladley@co.washington.or.us</a></p>	<p><b><u>Health Careers NW (HCNW) Information Session (Virtual)</u></b>            WS Beaverton-Hillsboro            September 16<sup>th</sup>, 10:00-11:30pm            To register email:  <a href="mailto:AArvin@caowash.org">AArvin@caowash.org</a></p> <p><b><u>Interview Coaching Workshop – For Women Only (Virtual)</u></b>            WS Beaverton-Hillsboro            September 9<sup>th</sup>            10:00 am-12:00 pm</p> <p><b><u>Construction Pre-Apprenticeship Training Information Session (Virtual)</u></b>            WS Beaverton-Hillsboro            September 2<sup>nd</sup>            12:00-1:00pm            To register email:  <a href="mailto:Wcconstruction-group@pcc.edu">Wcconstruction-group@pcc.edu</a></p>	<p><b><u>WSPM Scholarship Application (Virtual)</u></b>            WS Tualatin            Sept 17<sup>th</sup>, 9:00-10:30am</p> <p><b><u>Fast Track Virtual Series–(For Women ONLY)</u></b>            WS Beaverton-Hillsboro</p> <ul style="list-style-type: none"> <li>❖ <b><u>The job search – How to get the job you want by understanding the new employment world</u></b>              Sept. 3<sup>rd</sup>, 10:00 am-12:00 pm</li> <li>❖ <b><u>Networking and Research Online Resources</u></b>              Sept. 10<sup>th</sup>, 10:00 am-12:00 pm</li> <li>❖ <b><u>Research and Cover Letters</u></b>              Sept. 17<sup>th</sup>, 10:00 am-12:00 pm</li> <li>❖ <b><u>Interviews - what you need to know to ace the interview</u></b>              Sept. 25<sup>th</sup>, 10:00 am-12:00 pm</li> </ul> <p><b><u>Construction Pre-Apprenticeship Training Information Session (Virtual)</u></b>            WS Beaverton-Hillsboro            September 3<sup>rd</sup>            4:00-5:00pm            To register email:  <a href="mailto:Wcconstruction-group@pcc.edu">Wcconstruction-group@pcc.edu</a></p>	<p><b><u>High Tech Networking Group (Virtual)</u></b>            WS Beaverton-Hillsboro            Sept 4<sup>th</sup>, 11<sup>th</sup>, 18<sup>th</sup>, and 25<sup>th</sup>            9:30–11:00am  <i>See Topics on Back</i></p> <p><b><u>Workshops are offered through ZOOM virtual meeting</u></b></p>

- Pre-registration for Workshops is required.
- WorkSource Portland Metro customers can register at [www.worksourceportlandmetro.org](http://www.worksourceportlandmetro.org)
- Registered customers will received an email\* Zoom invite 24 hours prior to workshop with instructions and a link to access the workshop.
- Computer or Smart phone with internet access is required to participate in virtual workshops.

*\*email will be sent to the email address provided when registering for WorkSource*

## Workshop Descriptions

**Career Exploration:** Through various web-based assessment tools and resources, you will explore career options based upon your own workplace values, interests, skills, and the local labor market.

**Construction Pre-Apprenticeship Training Information Session (Virtual):** Attend an information to learn about training opportunities in the construction (Trades) available to Washington County residents receiving SNAP benefits.

**Fast-Track Virtual Series (for women only)** Presented by a partnership with Dress for Success Oregon. Looking for a job can feel like an overwhelming task. Join us to learn from the experts how to present yourself to an employer, how to overcome bumps in your employment history and how to organize a job search. Virtual job seeking and remote interviews will be addressed. These combined services are a terrific way to help you get that next job!

**Topics:**

**The job search – How to get the job you want by understanding the new employment world and online tools.** Join us as we explore this new world of on-line classes, job searching and communication. This is a judgement free zone where we can all learn and practice being on-line together.

**Networking and Research Online resources** Networking is essential to the job search. Join us to learn more about this topic and how to succeed without needing to meet others in person. Research greatly enhances your ability to be competitive in the job search and interview. We will discuss what to research and how to utilize what you learn.

**Research and Cover Letters** - Use research to enhance your competitiveness in the job search and interview.

**Interviews – What you need to know to ace the interview** Interviewing is a learned skill. Let us help you learn skills and tools including those for remote interviews via phone or video.

**Health Careers NW (HCNW) Info Sessions:** Introduction to the HCNW program (also called HPOG). HCNW provides coaching, training and job placement support to low-income adults interested in a career in healthcare. This information session is for people who are receiving SNAP (food stamps), TANF, or Medicaid. HPOG is a study funded by the federal government being conducted to determine how these training opportunities help people improve their skills and find better jobs. During the study, all new eligible applicants will be selected by lottery to participate in these training opportunities. Not all eligible applicants will be selected to participate.

### **High Tech Agenda September 2020**

9/4 Developing a Portfolio

9/11 Answering Difficult Interviewing Questions

9/18 Editing Resumes

9/25 Recruiter

❖ Topics may change without notice depending on guest speaker availability.

**Interview Coaching Workshop (For Women Only):** Get insights and advice from experienced interviewers to help hone your interview skills. Facilitated by Dress For Success Oregon.

**WSPM Scholarship Application:** Learn about the occupational training funding available through WorkSource Portland Metro. This workshop introduces you to the types of occupational training available and the process for applying for training tuition support. Please note: You must live or work in Multnomah or Washington county in order to be eligible for this support.