



The Rock Creek Women's Resource Center, in collaboration with the Counseling and Guidance Department, is now recruiting for the Transiciones Cohort Program for the 2024-2025 academic year. Transiciones is a program based on a college retention cohort model. It includes three courses totaling nine credits over three terms. All courses will be taught in Spanish at no cost to the student.

Transiciones Oeste is a strength-based program that offers a supportive learning community tailored to Latina women transitioning to college.

Our purpose is to help women identify and navigate obstacles to better ensure support for college success by empowering them through Cultura identity/career exploration and decision-making skills development.

In addition, the students will receive:

- Referrals
- Personal and academic support
- Leadership and volunteer opportunities
- Mentoring
- Academic advising and counseling referrals

Proograma Transiciones 2024-2025 course line up:

<u>Fall – CG 100 (3 credits)</u>: This course provides information and techniques for time, money, and self-management, including motivation, goal setting, and accepting personal responsibility for college success. It also includes developing skills for navigating a culturally diverse learning environment and utilizing college resources and services.

<u>Winter – CG 130 (2 credits):</u> Exposes various occupations, including educational and skill requirements. Covers ways of gathering information about specific occupations. This includes guest speakers from various careers further to illustrate the realities of the world of work.

<u>Spring – WS 101 (4 credits):</u> This course surveys and critically analyzes the position of women in society in terms of present realities and future possibilities. It provides a framework to connect personal experience with contemporary social and political issues.

Share this link and QR code with students.

Link: Solicitud de Transiciones



For more information, please contact Alicia Gonzalez at (971)722-7437 or by email at <u>alicia.gonzalez16@pcc.edu</u>.