## **PCC EARTH WEEK CHALLENGE 2022**

For a chance to win a prize, complete ANY five tasks in the bee-hive below. Circle your hexagons as you finish. You may count ONE of the additional icons in the voids between hexagons for a quick task (e.g. Poppy the Panther).

For prizes, e-mail your completed card to <u>sustainability@pcc.edu</u> by April 26th, 2022 using "Earth Week Challenge" as your subject heading. Many actions can be completed by clicking on the chain link icon æ from your computer.

Obtain your card from: <a href="mailto:pcc.edu/earthweek">pcc.edu/earthweek</a>. You may fill it out digitally or print it and return a scan or photograph to us.

Detailed instructions are available on page 2.

Take 5 minutes with
Ron Finley and
spend an hour
building a
container garden

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Take 40 minutes to learn about Farming While Black from Leah Penniman Share a link to your favorite recipe to our group document.

Prepare your spring garden and spend 10 minutes with OSU's garden calendar.



Learn about how a plant based diet is for everyone and prepare a plant-based dish from Mayor Eric Adams.

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Take 30 seconds to get to know 5 Common Oregon Bees and add a Mason Bee Hotel to your front stoop.

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Take 20 minutes to
explore the World
Water Crisis globally
and in the United
States

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Plan to spend the day or longer with **Oregon's**State Parks.

Know where your water comes from. Explore Portland's Watersheds.

Learn more about the many uses of the Camas root as practiced by Oregon and Washington tribes.

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Take ten minutes
to write to your
State
Representatives.

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Choose your next read with PCC's new climate fiction guide.

Grow your emotional vocabulary about Climate Change with the podcast, Climate Change and Happiness.

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Electric vehicles are only part of the Just Transition to a green future. Learn about the activism of Youth versus ODOT.

Does the climate movement need an anthem? Here's some music to help you choose.

Follow @PCC\_Sustain
on Twitter and
Instagram and join
our Earth Week social
media campaign.

Listen to this review of
Kishi Bashi's multiple
dimensional album,
Omoiyari and preview
the accompanying
song film.

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Take time to think about how climate anxiety can be harnessed for climate justice with A Field Guide to Climate Anxiety.

Take 10 minutes to read **Chief Seattle's**response to President Pierce's offer to buy their land.

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Spend 20 minutes
listening to Heather
McGhee's Ted Talk,
Racism has a Cost for
Everyone

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Learn more about preventing microplastic pollution with this 5-minute read.

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Save money and energy with these tips on greening your apartment!

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Spend 20 minutes
reviewing
neighborhood
solutions with Project
Drawdown Stories.

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Pledge to eat smart, waste less and reduce your food waste at home by 10%.

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Take ten minutes to
learn about the climate
work of the Portland
Youth Climate
Collective or better yet,
attend the Portland
Youth Climate Summit.



PCC 2022 Earth Week Challenge Directions & Prize Information



We are holding a raffle for a SWEET sustainability prize. To be eligible, circle any FIVE of your bonus hexagons from the Beehive and return your completed card your activities to sustainabilityepec.edu. You may send us a screenshot/photo or pdf of your completed card. Please include your contact information with your submission, so we can get in touch with you if you win! The contest ends April 30th, 2022.





View all of the PCC Earth Week details at

pcc.edu/earthweek.

This is a clickable .pdf file; prizes will be sent to the winners. We will ask winners if they would like to be featured in social media.

## REFERENCES

Take 5 minutes with Ron Finley and spend an hour building a container garden: <u>youtube.com/watch?v=7t=NbF77ceM</u>

Take 40 minutes to learn about Farming While Black from Leah Penniman: https://www.youtube.com/watch?v=cHiDSMKpkRg

Share a link to your favorite recipe to our group document. https://docs.google.com/document/d/Iw7pmJT3IsCmKr\_ZKBEhDuFA187z5rOeD6Fzi9RISdsU/edit

Prepare your spring garden with OSU's garden calendar: <a href="https://extension.oregonstate.edu/gardening/techniques/april-garden-">https://extension.oregonstate.edu/gardening/techniques/april-garden-</a>

 $\underline{calendar\#: ``: text=Western \% 20 valleys \% 2C \% 20 Portland \% 2C \% 20 Roseburg \% 2C, \% 2C \% 20 let tuce \% 2C \% 20 spinach \% 20 and \% 20 turnips$ 

Secret bonus tile, Set of three Douglas Fir trees icon: https://www.pcc.edu/sustainability/initiatives/tree-campus-

 $\underline{usa/\#: ``: text=PCC\%20 is \%20 Tree\%20 Campus\%20 Higher\%20 Education\%20 Certified \& text=PCC\%20 is \%20 the \%20 largest \%20 such, natural\%20 environments\%20 of \%20 our\%20 campuses the first of the f$ 

Learn about how a plant based diet is for everyone and prepare a plant-based dish from Mayor Eric Adams. https://www.youtube.com/watch?v=OOPJwOBh3uw

Take 30 seconds to get to know 5 Common Oregon Bees and add a Mason Bee Hotel to your front stoop: <a href="https://youtu.be/zfkfopvegwAhttps://modernfarmer.com/2017/02/build-native-bee-hotel/">https://youtu.be/zfkfopvegwAhttps://modernfarmer.com/2017/02/build-native-bee-hotel/</a>

Secret bonus tile, Bee Campus USA leon: https://www.pcc.edu/sustainability/initiatives/bee-campus-usa/

Take 20 minutes to explore the World Water Crisis globally and in the United States: <a href="https://www.youtube.com/watch?v=7t-NbF77ceM">https://www.nature.com/articles/d41586-021\_</a>
01704-6#:~:text=In%202020%2C%201%2C165%20community%20water,Appalachia%20and%20the%20Intermountain%20West

Plan to spend the day or longer with Oregon's State Parks. https://stateparks.oregon.gov

Know where your water comes from. Explore Portland's Watersheds. https://www.portlandoregon.gov/bes/32197

Learn more about the many uses of the Camas root as practiced by Oregon and Washington tribes. <a href="https://traveloregon.com/things-to-do/culture-history/rooted-in-culture-oregons-wild-camas/#:":text=Camas%20root%20has%20long%20nourished,well%20as%20the%20land%20itself.&text=And%20it%20continues%20to%20be%20a%20staple%20for%20many%20Tribal%20families%20today.</a>
<a href="mailto:sweet-amas-weet-amas

Take ten minutes to write to your State Representatives. <a href="https://www.oregonlegislature.gov/house/pages/representativesall.aspx">https://www.oregonlegislature.gov/house/pages/representativesall.aspx</a>

Choose your next read with PCC's new climate fiction guide. https://guides.pcc.edu/clifi

Grow your emotional vocabulary about Climate Change with the podcast, Climate Change and Happiness. https://podcasts.apple.com/us/podcast/climate-change-and-

happiness/id1604241852?i=1000547451719

Secret bonus tile, Poppy the Panther Logo: https://www.pcc.edu/sustainability/student-hub/

Electric vehicles are only part of the Just Transition to a green future. Learn about the activism of Youth versus ODOT: <a href="https://www.blcomberg.com/news/features/2022-01-22/in-portland-youth-activists-are-driving-a-highway-revolt?mc\_cid=b3602dee3a&mc\_eid=bc31f9c084">https://www.blcomberg.com/news/features/2022-01-22/in-portland-youth-activists-are-driving-a-highway-revolt?mc\_cid=b3602dee3a&mc\_eid=bc31f9c084</a>

Does the climate movement need an anthem? Here's some music to help you choose. <a href="https://open.spotify.com/playlist/1845x7atvdkoduuQClnvik?si=huhePvO3Rkm-a5ch31VR9g&nd=1">https://www.nytimes.com/interactive/2020/05/21/climate/songs-about-climate-change.html</a>

https://www.earthday.org/12-songs-for-your-climate-strike-playlist/

Follow ePCC\_Sustain on Twitter and Instagram and join our Earth Week social media campaign. <a href="https://twitter.com/PCC">https://twitter.com/PCC</a> Sustain Instagram:
<a href="https://www.instagram.com/pee\_sustain/">https://www.instagram.com/pee\_sustain/</a>

Listen to this review of Kishi Bashi's multiple dimensional album, Omoiyari and preview the accompanying song film. https://www.npr.org/2019/05/28/727533256/kishi-bashi-uses-the-

history-of-japanese-internment-to-explore-america-today https://www.youtube.com/watch?v=7mneaPfF2RU https://www.youtube.com/watch?v=7mneaPfF2RU

Take time to think about how climate anxiety can be harnessed for climate justice with A Field Guide to Climate Anxiety. https://www.ucpress.edu/book/9780520343306/a-field-guide-to-

climate-anxiety

Take 10 minutes to read Chief Seattle's response to President Pierce's offer to buy their land. https://www.portlandoregon.gov/bes/32197

Spend 20 minutes listening to Heather McGhee's Ted Talk, Racism has a Cost for Everyone: https://www.ted.com/talks/heather c mcghee racism has a cost for everyone?language=en

Learn more about preventing micro plastic pollution with this 5-minute read. <a href="https://www.nytimes.com/wirecutter/blog/reduce-laundry-microfiber-pollution//">https://www.apartment! https://www.apartment! https://www.apartmenttherapy.com/the-10-best-ways-to-green-your-131875 https://www.apartmenttherapy.com/make-

your-rental-more-energy-efficient-167808

Spend 20 minutes reviewing neighborhood solutions with Project Drawdown Stories. h

Pledge to eat smart, waste less and reduce your food waste at home by 10%. <a href="https://www.eatsmartwasteless.com/about-the-challenge#why-it-matters">https://www.eatsmartwasteless.com/about-the-challenge#why-it-matters</a>
Secret bonus tile, Earth Icon: <a href="https://www.pcc.edu/sustainability/">https://www.pcc.edu/sustainability/</a>

Take ten minutes to learn about the climate work of the Portland Youth Climate Collective or better yet, attend the Portland Youth Climate Summit. <a href="https://bit.ly/PDXClimateSummit">https://bit.ly/PDXClimateSummit</a>

LEARN MORE ABOUT PCC SUSTAINABILITY

<u>pcc.edu/sustain</u>

Follow us: Instagram, Twitter, Sustainability Blog, and GivePulse!