

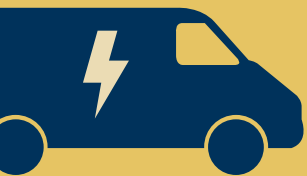
# PCC EARTH WEEK CHALLENGE 2023

For a chance to win a prize, complete ANY five tasks in the bee-hive below. Circle your hexagons as you finish. You may count visiting ONE of the additional links hidden amongst the icons on the page as a free task (e.g. Poppy the Panther).

For prizes, e-mail your completed card to [sustainability@pcc.edu](mailto:sustainability@pcc.edu) by April 30th, 2023 using "Earth Week Challenge" as your subject heading. .

Obtain your card at: [pcc.edu/earthweek](http://pcc.edu/earthweek). You may fill it out digitally using adobe pdf reader or print it and return a saved copy, scan or photograph to us. (To fill it out digitally, use a digital pen to circle your completed hexagons.)

Prize details and a list of the links used are available on page 2



Shop **durable, reuse, maintain or repair** what you have.



Pledge to eat smart, waste less and **reduce your food waste** at home by 10%.



Test your **Oregon Recycling Knowledge**.



Use **Libby and Kobo** to connect with your local library and bookstores



Take a trip to **SCRAP\_Creative Reuse** to pick up or drop off.



Take 30 minutes with Tyson Yunkaporta to contemplate **Indigenous Thinking for Troubled Times**.



Sign up and join PCC Students and **SOLVE** for a Beach Clean Up on April 22th.



PCC Bee Campus USA

Take 30 seconds to get to know **5 Common Oregon Bees** and add a **mason bee hotel** to your front stoop.



Plan to spend a day or longer with **Oregon's State Parks**.



Follow **@PCC\_Sustain** on **Twitter and Instagram** and join our Earth Week social media campaign.



Try one of these **35 easy vegan recipes** for a spring start your way towards a plant-based diet.



Set up a **container garden for potatoes**.



Check out PCC's focus awards in **Sustainability, Social Justice and Earth Science**.



Take 40 minutes to shift your perspective with Leah Penniman, and **Farming While Black**.



Take heart for an hour during your commute with Kathleen Dean Moore on Embodiment Matters.



Join PCC online for a 90-minute workshop on the intersection of **environmental justice and climate anxiety**.



Learn about the lost history of **sacrifice zones** in NW Portland.



Help someone in your life (or you) **get a free stove** by switching from gas to electric.



Take 20 minutes to get informed about **climate refugees** in the PNW.



Get up to date on the movement for a **Just Transition**.



**Green your banking** in half an hour or less.



Join the **Oregon Dear Stranger Project and Stay Connected**.



Find reasons for hope with Harvard University's **Climate Optimist Newsletter**.



Set a reminder to go for a **15 min walk** every day for a week and then do it.



We are offering a HONEY of a deal. To participate in the raffle for a SWEET prize from the sustainability office, turn in your completed "honeycomb card" to us at sustainability.edu. You must complete and circle FIVE of the hexagons (or one of the secret bonus challenges) and return your completed card detailing your activities to sustainability@pcc.edu. You may send us a screenshot/photo or pdf of your completed card. Please include your contact information with your submission, so we can get in touch with you if you win! The contest ends April 30th, 2023.

View all of the PCC Earth Week details at [pcc.edu/earthweek](https://pcc.edu/earthweek).

This is a clickable .pdf file; prizes will be sent to the winners. We will ask winners if they would like to be featured in social media.

Shop durable, reuse, maintain or repair what you have: <https://www.resourcefulpdx.com/map> and <https://www.portlandrepairfinder.com>

Pledge to eat smart, waste less and reduce your food waste at home by 10%: <http://www.eatsmartwasteless.com/about-the-challenge#why-it-matters>

Test your recycling knowledge: <http://www.recycleornot.org>

Take a trip to SCRAP Creative Reuse to pick up or drop off. <https://portland.scrapcreativereuse.org>

Take 30 minutes with Tyson Yunkaporta to contemplate Indigenous Thinking for Troubled Times: <https://youtu.be/S-3ESBzGg4Q?t=23>

Sign up and join PCC Students and SOLVE for a Beach Clean Up on April 22th:

<https://pcc.givepulse.com/event/367859-PCC-Earth-Week-2023-SOLVE-Beach-Clean-Up>

Take 30 seconds to get to know 5 Common Oregon Bees and add a mason bee hotel to your front stoop: <https://www.youtube.com/watch?v=zkfopvegWA>

[https://xerces.org/sites/default/files/2018-05/12-015\\_02\\_XercesSoc\\_Nests-for-Native-Bees-fact-sheet\\_web.pdf](https://xerces.org/sites/default/files/2018-05/12-015_02_XercesSoc_Nests-for-Native-Bees-fact-sheet_web.pdf)

Plan to spend a day or longer with Oregon's State Parks. <https://stateparks.oregon.gov>

Follow @PCC\_Sustain on Twitter and Instagram and join our Earth Week social media campaign: [https://twitter.com/PCC\\_Sustain](https://twitter.com/PCC_Sustain),

[https://www.instagram.com/pcc\\_sustain/](https://www.instagram.com/pcc_sustain/)

Interested in a plant-based diet? Try one of these 35 easy vegan recipes.

<https://nutriciously.com/simple-vegan-recipes-for-beginners/>

Set up a container garden for potatoes.

[https://www.thespruce.com/growing-potatoes-in-containers-](https://www.thespruce.com/growing-potatoes-in-containers-848220#:~:text=Place%20the%20container%20in%20full,give%20them%20some%20breathing%20room)

[848220#:~:text=Place%20the%20container%20in%20full,give%20them%20some%20breathing%20room](https://www.thespruce.com/growing-potatoes-in-containers-848220#:~:text=Place%20the%20container%20in%20full,give%20them%20some%20breathing%20room)

Check out PCC's focus awards in Sustainability, Social Justice and Earth Sciences

<https://www.pcc.edu/programs/focus-awards/>

Take 40 minutes to shift your perspective with Leah Penniman, and Farming While Black: <https://www.youtube.com/watch?v=cHiDSMKpkRg>

Take heart for an hour during your commute with Kathleen Dean Moore on Embodiment Matters: <https://embodimentmatters.com/take-heart-a-conversation-with-kathleen-dean-moore/>

Join PCC online for a 90-minute workshop on the intersection of environmental justice and climate anxiety: <https://guides.pcc.edu/c.php?g=1295707&p=9516790>

Learn about the lost history of sacrifice zones in NW Portland: <https://kboo.fm/media/72128-portlands-sacrifice-zones>

Help someone in your life (or you) get a free stove by switching from gas to electric.

<https://lifehacker.com/you-can-get-these-electric-stoves-for-free-from-the-gov-1849987396>

Take 20 minutes to get informed about climate refugees in the PNW: <https://www.opb.org/article/2022/03/02/oregon-displacement-hope-united-nations-intergovernmental-panel-climate-change/>

Get up to date on the movement for a Just Transition: <https://climatejusticealliance.org/just-transition/>

Green your banking in half an hour or less: <https://www.greenamerica.org/finance>

Join the Oregon Dear Stranger Project and Stay Connected: <http://oregonhumanities.org/programs/collaborative-projects/dear-stranger/>

Find reasons for hope with Harvard University's Climate Optimist Newsletter: <https://www.hsph.harvard.edu/c-change/climateoptimist/>

Set a reminder to go for a 15 min walk every day for a week and then do it: <https://www.nytimes.com/2020/03/17/style/self-care/is-it-ok-to-take-a-walk.html>

#### Bonus Links:

Camas: <https://www.oregonencyclopedia.org/articles/camas/#.ZBiSNHbMI2w>

Bicycle: <https://www.pcc.edu/transportation/alternatives/bikes/>

Electric Van: [https://www.pcc.edu/news/2023/01/e-transit-van/ford-all-electric-e-transit-van\\_0388/](https://www.pcc.edu/news/2023/01/e-transit-van/ford-all-electric-e-transit-van_0388/)

Bumble Bee Graphic: <https://extension.oregonstate.edu/bee-atlas>

Bee Campus USA Logo: <https://www.pcc.edu/sustainability/initiatives/bee-campus-usa/>

Earth: <https://www.pcc.edu/sustainability/student-hub/>

Poppy: <https://www.pcc.edu/sustainability/initiatives/esj-grant/>

Trees: <https://www.pcc.edu/sustainability/initiatives/tree-campus-usa/>

Watering can: <https://www.pcc.edu/sustainability/on-campus/rock-creek/rock-creek-learning-garden>

Sunflower:

[https://en.wikipedia.org/wiki/Helianthus\\_bolanderi#:~:text=Helianthus%20bolanderi%20is%20a%20species,areas%2C%20often%20in%20serpentine%20soils](https://en.wikipedia.org/wiki/Helianthus_bolanderi#:~:text=Helianthus%20bolanderi%20is%20a%20species,areas%2C%20often%20in%20serpentine%20soils)

Water bottle: <https://www.pcc.edu/sustainability/operations/>

Watering Cans: <https://www.pcc.edu/sustainability/on-campus/rock-creek/rock-creek-learning-garden/>,

<https://www.pcc.edu/sustainability/on-campus/sylvania/learning-garden/>,

<https://www.pcc.edu/sustainability/on-campus/cascade/cascade-learning-garden/>, <https://www.pcc.edu/sustainability/on-campus/southeast/>

**WE'RE ALL IN THIS TOGETHER**

**PCC.EDU/SUSTAIN**

