

**JAMES PROCHASKA** | 503-123-1234 | [james.prochaska@pcc.edu](mailto:james.prochaska@pcc.edu)

## ACCOMPLISHMENTS

- Started Oregon's first Crystal Meth Anonymous 12 - Step meeting
- Maintain a high GPA while also involved with service and volunteer activities
- Organized and well-structured individual who meets deadlines and excels in endeavors

## EDUCATION

**AAS, Addiction Counseling**, Portland Community College, Portland, OR 6/20XX  
**Honors:** *Placement on President's List 6 consecutive terms* **GPA 3.87**  
**Member:** *Phi Theta Kappa (Community College Honor Society)*

### *Relevant Papers:*

- Causes and Solutions to Homelessness
- Segregation in the south

## VOLUNTEER EXPERIENCE

**Mentor**, Central City Concern, Portland, OR 20XX – 20XX

- Actively support men in recovery with outside social activities during treatment
- Guide social choices and role model clean and sober living
- Assist people achieving recovery to adapt to new social norms, value setting, community engagement and adjusting to mainstream society
- Model long term support and friendship/network development

## COMPETENCIES

- Interact with a variety of people from all backgrounds and levels of recovery from pre-contemplation to relapse
- Thorough knowledge of 12-Step recovery and ASAM levels of treatment care
- Work with people who are emotionally fragile and prone to mood swings
- Understand emotional, social and behavioral changes recovering addicts experience while achieving sobriety and healthy lifestyles
- Skilled in using computers, various software and technology for presentations, research papers and correspondence