

**James Prochaska**  
705 N Killingsworth St.  
Portland, OR 97217  
503-978-5600  
[James.prochaska@pcc.edu](mailto:James.prochaska@pcc.edu)

**Objective:** A & D Practicum with VOA

### **Achievements**

Started Oregon's first Crystal Meth Anonymous 12-Step Meeting  
Maintain high GPA while also involved with volunteer activities  
Organized and well structured individual who meets deadlines and excels in endeavors

### **Education**

A.A.S, Addiction Counseling, Portland Community College, Portland, OR 6-2020

*Presidents List – 6 Consecutive Semesters*

**GPA 3.87**

**Member of Honor Society – Phi Theta Kappa**

Special Papers: Causes & Solution to Homelessness  
Segregation in the South

### **Volunteerism**

Volunteer Mentor, Central City Concern, Portland, OR

Year - Year

- Actively support men in recovery with outside social activities during treatment
- Guide social choices and role model clean and sober living
- Assist people achieving recovery to adapt to new social norms, value setting, socialization and adjusting to mainstream society
- Model long term support and friendship development

### **Competencies**

- Interact with a variety of people from all backgrounds and at all levels of recovery from pre-contemplation to relapse
- Thorough knowledge of 12-Step recovery process and levels of treatment care
- Comfortable working with people who are emotionally fragile and prone to mood swings
- Understand emotional, social and life changes recovering addicts experience while achieving sobriety and healthy lifestyles
- Skilled in using computers, software and internet for presentations, research papers and correspondence