Educational Advisory Council Recommendation

Subject:
1) NEW ACERTP-GFL Fitness Technology: Group Fitness Leader CPCC – 30 Credits
2) NEW Fitness Technology: Group Fitness Leader Electives

Relevant EAC Standing committee:

☐ Academic Policies & Standards Committee (APS)  ☒ Degrees and Certificates Committee (DAC)
☐ Curriculum Committee (CC)  ☐ Membership Committee (MC)
☐ Student Development Committee (SDC)

Brief summary of recommendation:

Rationale from SAC Representative:
This certificate was created in response to advisory committee to meet industry demands & need for group fitness instructors. Improves student completion. New certificate will allow more time for hands on, applied learning through the Fit Tech Professional Activities courses. All credits within the GFL Certificate can be used toward an AAS degree in Fitness Technology. Which, in turn, is a gateway to transferring to either PSU or Concordia via current Fitness Technology articulation agreements.

The electives list accompanies the new GFL CPCC. Students take two (2) PE credits from this list of fitness activities geared toward group fitness.

On 12/9/15, The EAC Voted to Recommend Approval

<table>
<thead>
<tr>
<th>Outcomes</th>
<th>Professional Competence</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Meet qualifications for employment as an entry-level group fitness leader.</td>
<td>Critical Thinking &amp; Problem Solving, Self-Reflection</td>
</tr>
<tr>
<td>2. Apply knowledge and skills gained in the Fitness Technology program when working with healthy populations in a group setting.</td>
<td>Communication, Community and Environmental Responsibility, Cultural Awareness</td>
</tr>
<tr>
<td>3. Use valid fitness and wellness information to effectively educate class participants.</td>
<td></td>
</tr>
<tr>
<td>4. Identify, evaluate, and take advantage of learning opportunities in group-fitness, while developing a personally and professionally rewarding career.</td>
<td>Critical Thinking &amp; Problem Solving, Self-Reflection</td>
</tr>
<tr>
<td>5. Demonstrate sufficient knowledge and skills to qualify for nationally recognized fitness certifications, including but not limited to: *American Red Cross: CPR/AED-Professional Rescuer, First Aid, Sports Safety Training, Bloodborne Pathogens *American Council on Exercise (ACE): Group Fitness Instructor *Aquatic Exercise Association (AEA): Aquatic Exercise Instructor *American College of Sports Medicine (ACSM): Group Exercise Instructor</td>
<td>Critical Thinking &amp; Problem Solving Professional Competence, Self-Reflection</td>
</tr>
</tbody>
</table>
Signatures below represent the support and/or approval of this recommendation; the signature of a committee chair represents the support of the respective committee.

[Signature]
Chair of relevant EAC standing committee

[Signature]
Educational Advisory Council Chair

[Signature]
Vice President for Academic and Student Affairs

[Signature]
Portland Community College President