At the QRC, it’s a labor of love to make this place safer and more welcoming than the world outside, and you know we fiercely defend our queer and trans siblings! So, we’ve got some basic rules to respect and protect everyone who comes through our door, whether physical or virtual.

If you or anyone else engage in an action listed below, you can expect that a QRC staff or community member will interrupt and ask that the behavior is modified or stopped. Those who refuse may be asked to leave. If you have any questions, feel free to talk with a QRC staff.

As always, PCC’s Student Code of Conduct remains present during Virtual Room Hours. You will be asked to leave the space for any substance use (including alcohol, drugs, tobacco¹ or e-cigarettes) or nudity while accessing the QRC Virtual space. Recording is also not permitted in the QRC Virtual Room, so be thoughtful about your words and refrain from recording while accessing the space.

1 – NO SLURS!

Some terms can be empowering to reclaim, but for many, they reflect ongoing and historic oppression. While in the QRC, folx may NOT use: the’N-word’, ‘B-word’, or ‘F-slur’. Racial slurs, slut shaming, and misogyny will not be tolerated. In short, ya just can’t use them here. Not even when referring to yourself. No exceptions.

As for other language, use your best judgment and consider others. If you think something might be offensive, try re-considering. Is there another way you could get your point across without using jarring or triggering language?

2 – No Shaming! We are a beautifully diverse bunch, and in order to live in community, we have to honor one another’s’ experiences without judgment. We ask that you refrain from, and help interrupt, ANY shaming related to body size (no diet talk or value judgments related to food!), gender presentation, neurodiversity, disability, mental health status, spiritual beliefs/practices, sex work, polyamory/monogamy, addiction, HIV/STI status, and sexual experience or knowledge.

¹ The tobacco free policy may not apply to specific activities used in connection with the practice of cultural activities by American Indians that are in accordance with the American Indian Religious Freedom Act.
3 - BE TRAUMA SENSITIVE
In our community, it can be life-saving to know that you’re not alone, and we understand the need to connect with others about mutual experiences. However, this is a VERY small space, and there’s a real need to consider the trauma and sensitive histories of those around us. We ask that detailed conversations or explicit photos be shared outside of the QRC if they include specifics related to: Self-harm, domestic violence, s*xual abuse/assault, drug use, chem sex, kink, BDSM, violence (even consensual), or potentially triggering topics. Please talk to a QRC Professional Staff if you are struggling with this boundary and would like to set up a one-on-one meeting.

4 - RESPECT IDENTITY
Only we can define our own identity, no one has the right to do that for us. We expect everyone to respect each others’ pronouns, orientation, titles, and need for privacy. We ask that you respect invisible identities, and don’t make assumptions based solely on looks. Please do your best to acknowledge your own privileges and be aware of the impact your words and actions may have on others. Living as a member of an oppressed group (especially of multiple groups) can really suck sometimes, and there are a million reasons why someone might not be ‘out’ about one identity or another. (no outing anyone!)

5 - CONSENT! CONSENT! CONSENT!
When engaging in conversation, physical touch (even hugs!), or sharing photos and personal info, BE SURE that you have asked for and received acknowledgment and consent verbally or via sign language (or via chat message if online) before proceeding. Even if you know them, even if they’ve said yes before, ASK FIRST AND WAIT FOR A RESPONSE! Consent takes patience and work, but is expected at all times. And as always, no means no!