Portland Community College  
Associate of Arts Oregon Transfer Degree (AAOT) informational worksheet

For use only with new students who do not yet have an electronic GRAD Plan degree audit.

During their first term students should view their progress through their GRAD Plan audit, which is accessed via the student’s MyPCC account.

### FOUNDATIONAL REQUIREMENTS

**Writing** 8 credits minimum from: WR 121 ______cr. and either WR 122 or WR 227 ______cr.

Students who took WR 121 and 122 for 3 credits each will need to complete WR 123 or WR 227 to reach the 8 credit minimum.

**Oral Communication:** Choose from COMM 111, 112, or 214 ____________ ________cr.

**Mathematics:** MTH 105 or higher for which MTH 95 or MTH 98 is a prerequisite ____________ ________cr.

**Health/Wellness/Fitness:** One or more courses totaling at least three credits from HE 242, HE 250, HE 254, HE 295 & PE 295, or PE with different letter designations (not including PE 10, PE 199 or 299) ________________ ________cr.

### DISCIPLINE STUDIES

See current catalog for list of Discipline Studies courses.

One course must be a Cultural Literacy course (check box for course that fulfills Cultural Literacy).

**Arts and Letters:** Three (3) courses chosen from at least two (2) disciplines.

________________________  _______ cr. □ CL
________________________  _______ cr. □ CL

**Social Sciences:** Four (4) courses chosen from at least two (2) disciplines.

________________________  _______ cr. □ CL
________________________  _______ cr. □ CL

**Science/Math/Computer Science:** Four (4) courses from at least two (2) disciplines including three (3) laboratory courses in biological and/or physical science.

________________________ w/lab ________ cr.  ______________________ w/lab ________ cr.

________________________ w/lab ________ cr.  ______________________

### ELECTIVES

See AAOT Degree Requirements in catalog for limitations and exclusions on Elective Credit.

Minimum credit total = 90 credits

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