Dental Hygiene

Think PCC First

2023 Application Cycle
A GUIDE TO THE PCC DENTAL HYGIENE
APPLICATION REQUIREMENTS

APPLICATION DEADLINE: April 17, 2023 at 8:59pm (PST), 11:59pm (EST)

PCC’s Dental Hygiene application is only available online through the American Dental Education Association (ADEA) Dental Hygiene Centralized Application Service (DHCAS). Applicants must create a DHCAS account at www.adea.org/dhcas. Applicants are required to send all official transcripts and upload all supporting application materials to DHCAS. Please visit www.pcc.edu/dh for detailed application instructions.

Due to COVID-19, dates, timeline and application process are subject to change. Updates will be posted on pcc.edu/dh

Minimum application requirements for the program beginning Fall 2023

Prerequisite course completion deadline:
● All prerequisite courses must be completed by the end of the winter term prior to the application deadline.

Grade requirements:
● Prerequisite courses must be completed with a letter grade of “C” or higher. Courses taken Pass/No Pass will not be accepted.

Prerequisite courses with a 7-year expiration: 2016 is the last year accepted for the 2023 application

BI 234 Microbiology:
Microbiology must be complete by the end of the winter term prior to the application deadline. BI 112 is a prerequisite for BI 234 at PCC.

Prerequisite courses with no expiration date*

Organic Chemistry: CH 102 or CH 106
To fulfill the organic chemistry prerequisite at PCC, applicants can take CH 102 Organic Chemistry Principles or CH 106, Allied Health Chemistry III (the last course in the CH 104-106 Allied Health Chemistry series). MTH 95 is a co-requisite/prerequisite to start the Allied Health Chemistry sequence. Due to course number variations from transfer institutions, applicants taking Organic Chemistry from institutions other than PCC are required to upload the course syllabus with their DHCAS application or the application is ineligible.

Anatomy & Physiology I and II: BI 231 and BI 232
BI 112 is a prerequisite for BI 231 at PCC. The PCC Dental Hygiene program prerequisites do not require Anatomy & Physiology III (BI 233).

English Composition: WR 121
Remedial English, such as sentence structure and punctuation, will not be accepted as sufficient to meet the prerequisite. WR 122, WR 123, WR 222 and WR 227 are accepted in lieu of WR 121.

Introductory Algebra, Second Term: MTH 65
Applicants may also use MTH 70, 95, 105 or higher to fulfill this requirement.

Prerequisite Electives in Psychology, Sociology and Communications:
PSY 101, SOC 204 and COMM 111 are recommended. However, other college level electives from each subject category are accepted.

*Students with transfer courses are encouraged to send official copies of their transcripts to student records and initiate an official transfer evaluation. Students should also meet with a health admissions advisor. Each transfer course is subject to review by the PCC Student Records Office, the Dental Science Department as well as the Health Admissions Office to determine transfer equivalency.

Healthcare experience: Applicants are encouraged to earn additional points and increase their competitiveness by completing ONE of the following:

● Job shadow a registered dental hygienist for a minimum of 20 hours
(visit the dental hygiene website for alternative shadowing options due to COVID-19 closures for the 2021-2022 application cycle)
● Gain work experience in a dental setting for a minimum of 1,600 hours
● Attend a CODA accredited dental assisting program
● Have a CODA accredited certification in dental assisting

Please see the FAQ section for more information regarding gaining healthcare experience.
Information is subject to change. Visit www.pcc.edu/dh for updated program information. PCC will not consider degrees, work experience, certifications, or courses earned for points after winter term, prior to the application deadline. Program selection for PCC’s Dental Hygiene program is a three-Phase process. See page 6 for an explanation of each Phase.

### Phase I: Application Evaluation

<table>
<thead>
<tr>
<th>Prerequisite Course Points</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Organic Chemistry (CH 102 or CH 106)</td>
<td></td>
</tr>
<tr>
<td>Anatomy &amp; Physiology I (BI 231)</td>
<td></td>
</tr>
<tr>
<td>Anatomy &amp; Physiology II (BI 232)</td>
<td></td>
</tr>
<tr>
<td>Microbiology (BI 234)</td>
<td>7 year expiration</td>
</tr>
<tr>
<td><strong>Total Prerequisite Points</strong></td>
<td>/60</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Optional Course Points</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nutrition (FN 225)</td>
<td>/2</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Prerequisite GPA Points</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>4.00 – 3.80 = 20 points</td>
<td>2.99 – 2.80 = 10 points</td>
</tr>
<tr>
<td>3.79 – 3.60 = 18 points</td>
<td>2.79 – 2.60 = 8 points</td>
</tr>
<tr>
<td>3.59 – 3.40 = 16 points</td>
<td>2.59 – 2.40 = 6 points</td>
</tr>
<tr>
<td>3.39 – 3.20 = 14 points</td>
<td>2.39 – 2.20 = 4 points</td>
</tr>
<tr>
<td>3.19 – 3.00 = 12 points</td>
<td>2.19 – 2.00 = 2 points</td>
</tr>
<tr>
<td><strong>Total GPA Points</strong></td>
<td>/20</td>
</tr>
</tbody>
</table>

**Prior Degree:** Students with a U.S. or equivalent associate’s degree or higher at time of application. Official transcripts documenting degree must be provided.

**US Military Active Duty or Veteran:** DD214 Member 4 Copy required documenting service and honorable discharge. See FAQs for more information and follow up with the Health Admissions Office for further questions.

**Re-applicant Alternatives:** 1 point for each year selected as an Alternate; must be within 3 years of current application.

**Experience Points:** 5 to 10 points possible (See page 7 for required documentation).

- A minimum of 20 hours job shadowing a practicing dental hygienist
- Dental Assistant Certification (CDA complete or in-progress) or a minimum of 1,600 hours work experience in a dental office (see page 7)

**TOTAL PHASE I POINTS**

/98

### Phase II: Proctored Essay

Approximately 40 students with the highest points in Phase I are invited to the proctored essay. The essay evaluates written communication skills, transferrable skills, motivational fitness, and other criteria. **Phase I and Phase II points are combined. The 20 applicants with the highest points are offered admission. Once offered admission students must complete Phase III requirements (see page 6 for details).**
The following courses must be completed with a letter grade of “C” or higher by the end of the Winter term of the application year. All prerequisite transfer courses are subject to review by the PCC Student Records Office, the Dental Sciences department and the Health Admissions Office to determine transfer equivalency. Students with transfer courses are encouraged to meet with a Health Admissions Advisor to discuss equivalency.

<table>
<thead>
<tr>
<th>ORGANIC CHEMISTRY (Lecture and lab required)</th>
<th>Institution</th>
<th>Term/Year</th>
<th>Grade</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Choose ONE</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>☐ CH 102 Organic Chemistry Principles</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Prerequisite: CH100</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>OR</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>☐ CH 106 Allied Health Chemistry III</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Prerequisite: CH104 (MTH 95 co-requisite) &amp; CH105</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>BIOLOGY (Lecture and lab required)</th>
<th>Institution</th>
<th>Term/Year</th>
<th>Grade</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>Prerequisite for BI231 &amp; BI234: BI112 Cell Biology</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>☐ BI 231 Anatomy and Physiology I</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>☐ BI 232 Anatomy and Physiology II</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>☐ BI 234 Microbiology 7 year expiration</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>ADDITIONAL REQUIRED COURSES</th>
<th>Institution</th>
<th>Term/Year</th>
<th>Grade</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>☐ PSY elective (recommended PSY 101)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>☐ COMM elective (recommended COMM 111)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>☐ SOC elective (recommended SOC 204)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>☐ WR 121 English Composition</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>☐ MTH 65 Introductory Algebra</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(A math course of MTH 65 or higher is required for graduation)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>OPTIONAL PREREQUISITE COURSE</th>
<th>Institution</th>
<th>Term/Year</th>
<th>Grade</th>
<th>Credits</th>
</tr>
</thead>
<tbody>
<tr>
<td>(Program requirement: OPTIONAL for additional points)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>☐ FN 225 Nutrition</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Please note that it is recommended to complete the full Anatomy & Physiology series (BI231-BI233) and the full Allied Health Chemistry series (CH104 – CH106) if you are planning to apply and/or transfer to a 4 year program.

PCC Dental Hygiene students can use their credits from general education and Dental Hygiene program electives to transfer to various institutions for Bachelor degree completion programs, such as: Portland State University (Public Health or Business), Pacific University (Health Management), Oregon Institute of Technology, University of Idaho, Idaho State University, and Eastern Washington University. Students are encouraged to speak with an advisor at the institution they plan to transfer to. Only they can determine which of the PCC credits are transferable and accepted.
### Educational Planning for Prerequisites

<table>
<thead>
<tr>
<th>Term</th>
<th>Course</th>
<th>Cr.</th>
<th>Term</th>
<th>Course</th>
<th>Cr.</th>
<th>Term</th>
<th>Course</th>
<th>Cr.</th>
<th>Term</th>
<th>Course</th>
<th>Cr.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

### BEFORE YOU APPLY

- Admission to PCC’s Dental Hygiene program is highly competitive with 20 students chosen each year from a pool of approximately 100-150 applicants. Competitive applicants have high grades in their science prerequisites, a strong overall college GPA, and some job shadowing or work experience. **Completion of the prerequisites and program requirements does not guarantee admission into the program.**

- Applicants can gain extra points and increase their competitiveness by either obtaining work experience in a dental setting for at least 1,600 hours, attending a CODA accredited Dental Assisting program, obtaining their certification in dental assisting from a CODA accredited program, or job shadowing a practicing dental hygienist for at least 20 hours.

- **All Dental Hygiene courses will take place at the Vanport Building located in downtown Portland at SW 4th and Montgomery.**
ADMISSIONS PROCESS

Phase I: Application Evaluation
- Applications are evaluated on a 98 point scale based on academic achievement in science prerequisites, overall college GPA and dental experience (see page 3).
- Applicants must meet minimum eligibility requirements (see page 2).
- Only complete DHCAS applications submitted by the 8:59 pm (PST) application deadline (April 17) will be eligible.

Phase II: Proctored Essay
- 40 applicants who score the highest points in Phase I of selection will be invited to participate in a mandatory, timed proctored essay at the Vanport Building, Downtown. The proctored essay is worth up to 25 points.
- The proctored essay evaluates written communication skills, transferable skills, motivational fitness, and other criteria.
- Applicants will be notified of invitation to the proctored essay via the email account you designated in DHCAS. This is the only method of notification.
- After the proctored essay, points from Phase I and Phase II will be combined and the 20 applicants with the highest combined scores will be offered a seat in the program.

Phase III: Post-Selection Requirements
Applicants offered a seat in the program must meet the following requirements prior to beginning the Dental Hygiene program in the Fall:
- Attend the summer orientation for the Dental Hygiene program.
- Pass a criminal background check and drug screening from an agency and lab designated by PCC (this is a condition of acceptance into a medical, dental or community facility).
- Submit proof of current immunizations (including COVID-19 vaccination).
- Submit proof of current CPR for Healthcare Providers certification

Applicants should NOT pursue Phase III requirements prior to being admitted to the Dental Hygiene program. Admitted students will receive specific directions from PCC’s Dental Hygiene department on how to meet these requirements. For more information on required immunizations please visit www.pcc.edu/dh

While in the program students must follow all OSHA and State regulations regarding blood borne and infectious diseases. Refer to the Center for Disease Control and Prevention (Table 1) for related policies: http://www.cdc.gov/mmwr/preview/mmwrhtml/rr5217a.htm Specific PCC Infection Control Policies and Procedures are also available upon request.

APPLICATION TIMELINE

- **November 1, 2022:** DHCAS application cycle opens www.adea.org/dhcas. Applicants are encouraged to begin building their common application sections prior to the PCC open application period.
- **January 1, 2023:** PCC’s application opens and will be visible/available online at www.adea.org/dhcas.
- **March 26, 2023:** Deadline for prerequisite completion, job shadowing and/or work experience.
- **April 17, 2023 8:59 pm (PST), 11:59pm (EST): APPLICATION DEADLINE**
- **Mid-May:** Applicants notified of invitation to proctored essay via the email account you designated in DHCAS.
- **Early June:** Proctored essay takes place at the Vanport Building, Downtown.
- **Mid-June:** Applicants informed of their admission status via the email account you designated in DHCAS.
- **Late June:** Admitted and alternate applicants attend Orientation. Applicants offered placement in the program must meet the post-selection requirements before final admission status is complete.
- **Late August:** Second Orientation.
- **Fall Term 2023:** Program starts. The Dental Hygiene program consists of 7 consecutive terms.

HOW TO APPLY

- **Apply to PCC as a credit seeking student.** Students can apply to Portland Community College online at www.pcc.edu/enroll
- **Create a DHCAS account at** www.adea.org/dhcas and submit all application materials for your DHCAS application.
  - Mail official transcripts, including PCC transcripts directly to DHCAS (Transcripts can take 4 weeks to show receipt)
  - Submit the DHCAS $50 application fee; healthcare work experience forms; and supporting licensure/certification documentation by April 17, 2023 at 8:59pm (PST), 11:59pm (EST) deadline.
- **PCC Dental Hygiene Application Opens through DHCAS:** January 1, 2023
- **Application Deadline:** April 17, 2023, 8:59 pm(PST), 11:59pm (EST)
PCC DENTAL HYGIENE FAQ’s

How many spaces do you have in your program?

PCC’s Dental Hygiene program selects 20 students to begin the program each fall.

How competitive is the PCC Dental Hygiene program?

Admission to the PCC Dental Hygiene program is competitive. Approximately 150 students apply annually for 20 spots. Points are awarded for several criteria. It is difficult to predict the chances of acceptance in advance. It is important to be as successful as possible in your prerequisite coursework and gain dental setting experience. Selection is based on grades in the science courses, prerequisite GPA, healthcare experience and proctored essay scores. All requirements (prerequisites and dental experience) must be completed by the end of winter term at PCC.

How do I obtain dental setting experience points?

There are several ways students can acquire dental setting experience points:

- Contact your personal Dental Hygienist and request a 20 hours shadowing opportunity. Up to 7 hours may be obtained in PCC’s Dental Clinic subject to availability. Call 971-722-4909 to schedule.
- Obtain a Dental Assisting certification.
- Obtain a minimum of one year of full time employment in any position in a dental office or clinic.
- Due to COVID-19 closures, applicant access to shadowing has been impacted. An alternative shadowing option was created for applicants who wish to earn shadowing points. Please visit the Dental Hygiene website at pcc.edu/dh for more information regarding this option.

How do I document dental setting experience points?

- For job shadowing points, students must upload and submit the Dental Experience Documentation Form available on the application instructions webpage. The form must be signed by the dentist or dental hygienist and uploaded with the application materials.
- For Dental Assisting students and those employed in a dental setting, the Evaluation Form included on the application instructions webpage must be filled out completely and signed by the dental instructor or dentist and uploaded by the April 17th deadline.

What documents can I submit for Military Active Duty or Veteran points?

DD214 Member 4 Copy required documenting service and honorable discharge or a formal letter from your commanding officer on military branch letterhead must be uploaded with the application materials.

Once I complete the program will I be licensed or certified?

Once you complete the program you will be eligible to take the national board written examination and regional licensure examinations.

What skills and abilities are required of dental hygiene students?

Students are required to meet “non-academic” technical standards for the Dental Hygiene program. Students should be aware that they must be able to meet these standards in order to successfully complete the program. Students are encouraged to carefully review these technical standards to ensure they can meet each requirement. For the list of technical standards please refer to page 8 of this guide.

How many PCC graduates pass the licensure exam?

In recent years, graduates of the Dental Hygiene program have maintained a 100% pass rate of the Dental Hygiene licensure examinations.

What if I have a criminal record? Can I still be accepted to the PCC Dental Hygiene program?

For a specific list of disqualifying crimes, please visit www.oregon.gov/dhs/chc/docs/crimelist.xls

Where can I get more information about a career in Dental Hygiene?

- American Dental Education Association DHCAS www.adea.org/dhcasapp/
- American Dental Hygienists Association: www.adha.org
- Oregon Board of Dentistry: www.oregon.gov/dentistry

For more frequently asked questions about the Dental Hygiene program, please visit the Dental Hygiene homepage www.pcc.edu/dh
For PCC general questions, visit www.pcc.edu/askthepanther
DENTAL HYGIENE TECHNICAL STANDARDS

The following standards are capabilities related to successful practice in the Dental Hygiene profession. They are “non-academic” criteria and include physical capabilities required of dental hygiene students and professionals.

Students should be aware that they must be able to meet these standards in order to successfully complete the program. Please read each item carefully to determine if you are able to meet each requirement.

- **Critical Thinking** ability for clinical judgment
- **Interpersonal Abilities** sufficient to interact with individuals, families, and groups from a variety of social, emotional, cultural and intellectual backgrounds
- **Communication Abilities** sufficient for effective interaction with others in spoken and written English
- **Physical Endurance** to remain continuously on task for several hours while sitting, standing or moving
- **Physical Abilities** sufficient to move from clinic area to clinic area and maneuver in small space with full range of motion; manual and finger dexterity, and hand-eye coordination
- **Motor Skills** gross and fine abilities, sufficient to provide safe and effective patient care and operate equipment
- **Hearing Ability** sufficient to monitor and assess health needs
- **Visual Ability** normal or corrected, sufficient for observation of oral conditions, patient observation and assessment; ability to discriminate between subtle changes in oral conditions and density in radiographs; see in darkroom conditions
- **Tactile Ability** sufficient for the use of small instruments with control, sufficient with light touch when using instruments in the mouth to perform and detect swellings in tissues by palpitation
- **Olfactory Senses** (smell) sufficient for maintaining environment and patient safety; as diagnostic tool for oral diseases
- **Professional Attitude and Demeanor** ability to present professional appearance and implement measures to maintain own physical and mental health and emotional stability; ability to demonstrate emotional health required for the utilization of intellectual abilities and exercise good judgment

If you need reasonable accommodations, please contact PCC's Disability Services for assistance. If you are accepted into the program and your functional abilities change please meet with the Dental Hygiene program Director for assistance.