

Fall Protection – Appendix B: Hierarchy of Fall Protection Controls

Order of Preferred Use	Fall Protection Methods	Description	Training and Other Requirements	Approved for PCC Employees
1	Elimination of Hazard	Bringing the work down to safe ground level, changing the task, process, or any other means to remove the employee from a fall exposure hazard	Training: None Other: None	Yes
2	Passive Fall Protection	The use of passive means to protect employees or occupants from reaching the leading edge or a fall through hazard, such as temporary or permanent guardrails, roof parapets, skylight screens, hole covers, or other physical barriers	Training: None Other: Guardrails, parapets, hole covers, and other physical barriers must comply with current OR-OSHA regulations. See <i>Appendix C</i> for more information.	Yes
3	Active Personal Fall Restraint System	A complete personal fall restraint protection system consisting of a harness, lanyard, and anchor point connection that prevents the user from going over the leading edge or falling through a hole	Training: Employee fall protection training Other: A complete personal fall restraint system that is properly distributed and fitted by EH&S. All system component inspections conducted by a designated competent person.	Yes
4	Active Personal Fall Arrest System	A complete personal fall arrest protection system designed in such a manner that a fall can occur, but the fall is arrested within appropriate force and swing clearance	Training: Employee fall protection training Other: A complete personal fall arrest system that is properly fitted and all system component inspections conducted by a designated competent person. A developed fall rescue plan is required.	Yes*
5	Administrative Controls	Work practices or procedures that increase the employee's awareness of the fall hazard, such as safety monitors or designated areas	Training: Employee fall protection training Other: Warning lines and designated areas must comply with current OR-OSHA regulations.	Yes*

* Safety nets for fall arrest and safety monitors are not allowed for employee use at PCC