



December 14, 2022

Poppie the Panther
Portland Community College
12000 SW 49th Ave.
Portland, OR 97219

Dear Poppie,

Your last annual audiogram, dated December 1, 2022, shows a hearing level change greater than OR OSHA's permitted level as compared to your baseline audiogram of July 4, 2014. Your audiogram was reviewed by a licensed physician who provided Portland Community College with a report of her findings. You have also received notification of this shift in your hearing by the Environmental Health & Safety Manager.

Because of the noted change in your hearing, Portland Community College needs to ensure that: you are properly wearing effective hearing protection; that you are trained in how to fit and wear the hearing protection; and that you understand the potential effects of noise on your hearing.

The following issues were reviewed with you regarding noise exposure in your work area:

- Overexposure to noise can cause noise-induced hearing loss, which can be permanent
- Noise affects hearing by damaging the nerve cells of the inner ear
- Hearing protection is required to protect your hearing
- Hearing loss due to noise is cumulative including on- and off-the-job exposures
- Hearing loss is not evident to you during the early stages of hearing damage
- A person generally hears better in a noisy environment with hearing protection
- Noise exposure increases general fatigue and, in some cases, increases blood pressure during exposure

Sincerely,

Manager's Name
Manager's Title

Poppie the Panther

Date