

# Essential PCC COVID-19 Information

To ensure the safety of all students, faculty, and staff, PCC has onsite COVID-19 health and safety procedures. This information is subject to change.

**If you have been to a PCC campus or center and believe you may have COVID-19, please notify the COVID-19 Reporting Team at 971-722-1919 or [covidreporting@pcc.edu](mailto:covidreporting@pcc.edu).**

PCC campuses and buildings are only open for students in approved courses and official College business.

## **Before arriving for the first time to a PCC campus:**

- Complete the health and safety training found on our [Information for Students](#) page.
- Complete the daily self check for students found in [MyPCC | Home tab | COVID-19 Info channel | daily self check for students](#)
  - Sign the acceptance of rules & risk that appears on your first self check.
  - Failure to document daily self-checks may result in referral to our Student Conduct and Community Support team.

## **Every day you go to a PCC campus:**

- Complete the daily self check for students found in [MyPCC | Home tab | COVID-19 Info channel | daily self check for students](#)
- Wear a [face covering](#).
- Maintain [physical distancing](#) from others.
- Maintain [hand hygiene](#) prior to the start of activity.

## Perform a Daily Self-Check

Every day you come to PCC you must conduct a self-check for COVID-19 symptoms, including a daily temperature check if you can. You should not come to campus if you have recently had an illness with COVID-19 symptoms. Only come to PCC if you are healthy and have been healthy for the past 5 days.

To do the daily self-check, login to [MyPCC](#) and find the link on the Home tab in the COVID-19 Info channel.

The daily self-check is published in English. If your answer to at least one of the questions is “Yes,” you need to stay off campus. If the answer to all the questions is “no,” you are cleared to come to campus. These are the questions on the self check:

1. Within the last 5 days, have you had either: a positive COVID-19 test or a COVID-19 test with results still pending?
2. Do you have any of these symptoms?
  - Fever or feeling feverish (such as chills, sweating)
  - Cough
  - Mild or moderate difficulty breathing
  - Sore throat
  - Muscle aches or body aches
  - Headache
  - Vomiting or diarrhea
  - New loss of taste or smell
  - Congestion or runny nose
3. Are you fully vaccinated against COVID-19?

## Wear a Face Covering

PCC requires everyone at a PCC site, even in the parking lot, to wear a face covering. You will need to wear one outdoors if you cannot maintain physical distancing.

- Wash your hands before putting on your face covering.
- Put it over your nose and mouth and secure it under your chin.
- Try to fit it snugly against the sides of your face.
- Make sure you can breathe easily.

More information on how to select, wear, and clean face coverings is available from the [CDC](#).

## Maintain Physical Distance

We encourage everyone at a PCC site to stay apart and not congregate to the greatest extent possible.

While at PCC face-to-face meetings, gatherings, events, and conferences should use Google Meet or Zoom. You can learn how to use these tools by visiting our [student help desk](#).

## Wash your Hands

Wash your hands with soap and water for at least 20 seconds or use a 60% or higher alcohol-based hand sanitizer before arriving at a PCC site, or more frequently if needed.

Soap and water will be available in all restrooms, and hand sanitizer stations can be found in high-use areas such as entrances to buildings and classrooms, as feasible.

Respiratory etiquette is also very important. You should cover coughs and sneezes with an elbow, or a tissue, especially when not wearing a mask. Tissues should be disposed of and hands washed or sanitized immediately.

## Space Preparation & Signage

Postings are placed at building entrances, program areas, and restrooms to remind the community of COVID-19 health and safety requirements, e.g., face coverings, physical distancing, hand washing, etc.

Postings are also placed on floors and walls regarding

- Direction of foot-traffic
- Physical distance requirements
- Revised space occupancy
- Modified furniture & seating arrangements
- Elevator usage limitations

## Accommodations

If you have a disability-related reason for not being able to meet COVID-19 health and safety rules, you can request an accommodation.

Contact [disability.services@pcc.edu](mailto:disability.services@pcc.edu) to discuss the options available to you.

## Acknowledgement of Risk

The novel coronavirus ("COVID-19") is a contagious disease that has been declared a global pandemic and a public health emergency. Although some individuals with COVID-19 may never become symptomatic or may not show symptoms for a period of time, COVID-19 can be life-threatening. Information about COVID-19 can be found at this [CDC COVID-19](#) website.

### **Agreement to Follow Safety Rules**

Reducing the spread of COVID-19 at Portland Community College ("PCC") is a shared responsibility among all members of our community who chose to return to campus and participate in any in-person courses, activities, and events. Under Board Policy 3506 (Resumption of In-Person, On-Site Classes and Services), PCC is implementing a number of COVID-19 safety rules, protocols, and procedures (collectively, the "COVID-19 Safety Rules") in an effort to mitigate the risk of students and other campus users being exposed to and transmitting COVID-19 at PCC. As a condition of accessing PCC's campus(es) and participating in any in-person courses, activities, or events this term (whether on or off campus), students must agree to follow all applicable COVID-19 Safety Rules at all relevant times. These

COVID-19 Safety Rules follow applicable law and health authority requirements, and may be updated from time to time as the circumstances change. Reminders of important safety rules are posted around campus and PCC's COVID-19 Safety Rules are described more fully on the [Coronavirus \(COVID-19\) resources](#) page on PCC's website, which students are encouraged to review.

By signing this Agreement, I agree to follow all COVID-19 Safety Rules applicable to students while on campus or participating in any in-person courses, activities, or events (whether on or off campus). These rules and requirements are updated regularly, and can be found on the COVID-19 website linked above. PCC will notify students of any significant changes to applicable COVID-19 Safety Rules by e-mail, through students' PCC e-mail account. I also understand that I must follow all requirements for isolation/quarantine, as mandated by PCC.

Students participating in cooperative education opportunities, or any other PCC-related activity not on a PCC campus, are also expected to follow all safety rules of the location or host of the activity.

Following PCC's COVID-19 Safety Rules is an important way for students to help protect the health and safety of students and the PCC community more broadly. Noncompliance with PCC's COVID-19 Safety Rules may be addressed through education or other non-disciplinary procedures, but there may be occasions where noncompliance will be addressed through the student conduct procedures set forth in the Student Code of Conduct.

### **Acknowledgment of Risk**

As a condition of accessing PCC's campus(es) and participating in any in-person course, activity, or event (whether on or off campus) in connection with PCC, I attest to the following:

- I understand and acknowledge that despite the measures taken by PCC to mitigate the spread of COVID-19, including implementing the COVID-19 Safety Rules, PCC cannot eliminate the risk that I am exposed to or contract COVID-19 while on campus or while participating in an in-person course, activity, or event (whether on or off campus).
- I am voluntarily, and for my benefit, choosing to participate in any in-person courses, activities, or events that I attend in connection with PCC with a full understanding and acknowledgment of the potential COVID-19 health and safety risks, including the risk of severe illness or death, that this poses to me.

By my signature below, I acknowledge that I have read this COVID-19 Acknowledgment of Risk. I understand and acknowledge that despite the COVID-19 Safety Rules that PCC is implementing, PCC cannot eliminate the risk that I am exposed to or contract COVID-19 at PCC's campus(es) or in connection with in-person courses, activities, or events that I attend

(whether on or off campus). I also agree to follow all Safety Rules. I fully understand the information provided here and agree to the terms.