

Foundations of Interpersonal Neurobiology (IPNB)

2021 Schedule

September 28, 2021 — April 30, 2022

The Program Orientation is on Tuesday, Sept. 28th. All class sessions start at 5:30pm Pacific Time.

CLASS LIST:

1. Introduction to IPNB
2. Ethics From an IPNB Perspective
3. Science of Interpersonal Neurobiology
4. A Mind for Learning Seminar
5. IPNB of Attachment & Trauma
6. IPNB of Bias and Inclusion
7. Embodied Relational Mindfulness
8. Leadership Seminar
9. IPNB of Connection and Community

Date	Course Title	Instructor	Times
SEPTEMBER			
28	ORIENTATION	Amy Evans	5:30-8:00pm PT

OCTOBER			
5	Intro to IPNB	Casey Sims	5:30-7:45pm PT
12	Intro to IPNB	Casey Sims	5:30-7:45pm PT
19	Intro to IPNB	Casey Sims	5:30-7:45pm PT
26	Intro to IPNB	Casey Sims	5:30-7:45pm PT

NOVEMBER			
2	Intro to IPNB	Casey Sims	5:30-7:45pm PT
9	Ethics From an IPNB Perspective	Debra Pearce-McCall	5:30-7:30pm PT
16	Ethics From an IPNB Perspective	Debra Pearce-McCall	5:30-7:30pm PT
23	Science of IPNB	Robyn Gobbel	5:30-7:30pm PT
30	Science of IPNB	Robyn Gobbel	5:30-7:30pm PT

DECEMBER			
7	Science of IPNB	Robyn Gobbel	5:30-7:30pm PT
14	Science of IPNB	Robyn Gobbel	5:30-7:30pm PT
21	NO CLASS – Holiday Break		
28	NO CLASS – Holiday Break		

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JANUARY

4	Science of IPNB	Robyn Gobbel	5:30-7:30pm PT
11	A Mind for Learning Seminar	Maureen Lowell	5:30-8:30pm PT
18	IPNB of Attachment & Trauma	Alissa Bagan	5:30-7:30pm PT
25	IPNB of Attachment & Trauma	Alissa Bagan	5:30-7:30pm PT

FEBRUARY

1	IPNB of Bias and Inclusion	Maureen Lowell	5:30-7:45pm PT
8	IPNB of Bias and Inclusion	Maureen Lowell	5:30-7:45pm PT
15	NO CLASS – Prep for In Person Weekend		
17 (Th)	IPNB of Bias and Inclusion*	Maureen Lowell	9:00-4:30pm PT
18 (Fr)	IPNB of Attachment & Trauma*	Alissa Bagan	8:15am-12:15pm PT
	Science of IPNB*	Earnest Kim w/ Robyn Gobbel	1:30pm-5:00pm PT
19 (Sa)	Embodied Relational Mindfulness*	Ryan Hofer	8:15am-12:00pm PT
	IPNB of Attachment & Trauma*	Alissa Bagan	1:15pm-5:00pm PT
	Optional Dinner w/ Students & Faculty*	Everyone	5:30-8:30pm PT
20 (Su)	Embodied Relational Mindfulness*	Ryan Hofer	8:15am-12pm PT
	IPNB of Bias and Inclusion*	Maureen Lowell	1:00pm-3:30pm PT
22	NO CLASS – Follow-up on assignments from In person Weekend		

MARCH

1	IPNB of Bias and Inclusion	Maureen Lowell	5:30-7:45pm PT
8	Embodied Relational Mindfulness	Ryan Hofer	5:30-7:30pm PT
15	Embodied Relational Mindfulness	Ryan Hofer	5:30-7:30pm PT
22	Leadership Seminar	Debra Pearce-McCall	5:30-8:30pm PT
29	IPNB of Connection and Community	Maureen Lowell	5:30-7:30pm PT

APRIL

5	IPNB of Connection and Community	Maureen Lowell	5:30-7:30pm PT
12	IPNB of Connection and Community	Maureen Lowell	5:30-7:30pm PT
19	IPNB of Connection and Community	Maureen Lowell	5:30-7:30pm PT
26	IPNB of Connection and Community	Maureen Lowell	5:30-7:30pm PT

*In Person Immersion Weekend



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