

PCC AHA Advanced Cardiac Life Support Courses

Dear ACLS Course Participant:

Thank you for taking your ACLS Course at Portland Community College (PCC) - Institute for Health Professionals. We are planning a great course and intend to meet all of your learning needs. Please read the course information below; this should answer any questions you might have about the course requirements.

For in-person ACLS Provider and Update Courses:

- Preview and prepare using the ACLS Provider Manual (c2016) and the supplementary material found online at www.heart.org/eccstudent and https://eccguidelines.heart.org/wp-content/uploads/2015/10/2015-AHA- Guidelines-Highlights-English.pdf. Per the AHA book policy, the current ACLS Provider Manual is required for course participation and sharing during class is not allowed. Books can be purchased online from Laredal, Channing Bete or World Point or online at: http://ebooks.heart.org/.
- Complete the Pre-Course Self-Assessment (pre-test) with a passing score of 70% or better.
 This is found online and once completed, bring a printout your score (or take a picture of it
 showing your name and score) to class. The website and access code is found at the bottom of
 page ii of your ACLS Provider Manual.
- Please make the most of the course by arriving well prepared and before the start time to check-in. The courses start promptly at the published start time. If you arrive more than 10 minutes late, you may not be allowed to stay for the course. AHA guidelines state that attendees must attend and successfully complete the entire course to be awarded the completion card.

What do you need to bring with you in order to attend class?

- 1. Your ACLS Provider Manual (c3/2016; printed or e-book are allowed).
- 2. A copy of your current AHA ACLS card if you are registered for an ACLS Update course. If you are not current, you are not eligible for the update course and must take a full Provider course.
- 3. Your completed Pre-Course Self-Assessment (mandatory that you complete prior to class) with a grade of 70% or better (if this will not print, please bring a picture on your phone).
- 4. If renewing your BLS, please bring your HeartCode BLS certificate of completion (if this will not print, please bring a picture on your phone). This must be completed prior to class to update your BLS certification.

Be aware:

CLOTHING - Wear comfortable clothing and shoes, as you will be asked to demonstrate several skills including CPR multiple times during the day. We suggest you dress warmly with layers to accommodate temperature variations from cold to very warm.

LUNCH - Lunch or dinner is on your own.

PARKING - Parking is \$5.00 per day/evening on weekdays, payable at the gray and yellow kiosks in the parking lot of the CLIMB Center. Parking is FREE on Saturdays and Sundays.

Location: PCC -- CLIMB Center, 1626 SE Water Ave. (near OMSI), Portland, OR 97214

Time: Check-in starts 30 minutes before class.

ACLS Provider (Day 1 of 2): 8:00 a.m. – approx. 4:50 p.m.
ACLS Provider (Day 2 of 2): 8:00 a.m. – approx. 3:20 p.m.
ACLS Update Day Course: 8:00 a.m. – approx. 4:20 p.m.
ACLS Update Afternoon Course: 12:00 p.m. – approx. 7:20 p.m.
ACLS Provider for Physicians: 8:00 a.m. – approx. 6:50 p.m.

What does successful completion of all AHA ACLS Courses look like?

According to the guidelines of the American Heart Association you must practice and then:

- Demonstrate competency in bag-mask ventilation and adult CPR (child, infant CPR & choking if renewing BLS) with AED.
- Identify (on an ECG monitor) ventricular fibrillation (VF), pulse and pulseless ventricular tachycardia (VT), asystole, stable and unstable bradycardia (including heart blocks), stable and unstable tachycardia and PEA.
- Demonstrate the ability to lead a team of healthcare providers (you do need to memorize the basics of the algorithms) through the first ten minutes of a code scenario. The "Megacode" evaluation station puts together everything you have learned in ACLS.
- Complete the ACLS multiple-choice written evaluation with a passing score of 84% or better.

The Course Coordinator will have the final decision on course completion or the need for remediation.

Upon successful completion, you will receive an AHA ACLS E-Card within 24 hours. An AHA E-Card is good for two years and will expire the last day of the month in which you took your course. The American Heart Association does not recognize a grace period after expiration.

Your employer can verify you at:

https://ahainstructornetwork.americanheart.org/AHAECARD/ecard.jsp?pid=ahaecard.employerStudentSearch

If you need RN or PM CME documentation, please let the Course Coordinator know at the beginning of the course.