7:30	Welcome/ Free Choices
9:00	Morning Snack Open
9:30	Diaper Check*
9:45	Circle Time/ Table activity
10:15	Transition Outdoor/Mat Room
11:20	Transition to Lunch
11:50	Diaper Check*
12:00	Nap/Rest Time
2:00	Quiet Table Activities/Diaper change
2:30	Afternoon Snack
3:00	Mat Room/ Outdoor
3:30	Diaper Check*
4:00	Program Ends

^{*} Diapers will also be checked/changed throughout the day, as needed.