7:30	Welcome/ Free Choices
8:15	Breakfast Open
9:30	Diaper Check*
9:45	Circle Time/ Table Activity
10:00	Transition Outdoor/ Mat Room
10:45	Transition to Lunch
11:50	Diaper Check*
12:00	Nap/ Rest Time
2:00	Quiet Table Activity/ Diaper change
2:05	Afternoon Snack
3:00	Mat Room/ Outdoor Activities
3:20	Diaper Check*
4:00	Program Ends

^{*} Diapers will also be checked/changed throughout the day, as needed.