

March 19, 2020

20-116

APPLY TO THE HIGHER EDUCATION COORDINATING
COMMISSION FOR APPROVAL OF THE YOGA TEACHER
LESS THAN ONE-YEAR CAREER PATHWAY CERTIFICATE
FOR PORTLAND COMMUNITY COLLEGE

PREPARED BY: Susan Watson, Curriculum Coordinator, Curriculum Support Services

FINANCIAL RESPONSIBILITY: Karen Sanders, Division Dean, Health Professions and Physical Education

APPROVED BY: Dr. Katy Ho, Vice President, Academic Affairs
Mark Mitsui, College President

REPORT: The proposed Yoga Teacher Less Than One-Year Career Pathway Certificate prepares students with entry-level positions as yoga teachers. The 12-credit certificate curriculum explores yoga leadership to lead and educate individuals and groups in yoga practice, apply an understanding of yoga philosophy, and develop communication skills needed to communicate with diverse individuals. All courses in the certificate are embedded in the Exercise Science AAS. The Yoga Teacher Less Than One-Year Career Pathway Certificate has been reviewed and approved by the Exercise Science Advisory Committee.

RECOMMENDATION: That the College be authorized to submit an application to the Higher Education Coordinating Commission for the Yoga Teacher Less Than One-Year Career Pathway Certificate for Portland Community College.