

BUILDING 5 ROOM 102

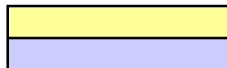
| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|---------|---------|-----------|----------|-----------------|
| 7:30-8:00 | Circuit | | Circuit | | Circuit |
| 8:00-8:30 | Circuit | Circuit | Circuit | Circuit | Circuit |
| 8:30-9:00 | (HPE) | Circuit | (HPE) | Circuit | |
| 9:00-9:30 | (HPE) | Circuit | (HPE) | Circuit | Boot Camp |
| 9:30-10:00 | (HPE) | | (HPE) | | Boot Camp |
| 10:00-10:30 | Weights | Weights | Weights | Weights | Boot Camp |
| 10:30-11:00 | Weights | Weights | Weights | Weights | Weight Training |
| 11:00-11:30 | Weights | Weights | Weights | Weights | Weight Training |
| 11:30-12:00 | (P90X) | (P90X) | (P90X) | (P90X) | Weight Training |
| 12:00-12:30 | (P90X) | (P90X) | (P90X) | (P90X) | |
| 12:30-1:00 | Circuit | Weights | Circuit | Weights | |
| 1:00-1:30 | Circuit | Weights | Circuit | Weights | |
| 1:30-2:00 | Circuit | Weights | Circuit | Weights | |
| 2:00-2:30 | Weights | (HPE) | Weights | (HPE) | |
| 2:30-3:00 | Weights | (HPE) | Weights | (HPE) | |
| 3:00-3:30 | Weights | (HPE) | Weights | (HPE) | |
| 3:30-4:00 | Weights | Weights | Weights | Weights | |
| 4:00-4:30 | Weights | Weights | Weights | Weights | |
| 4:30-5:00 | Weights | Weights | Weights | Weights | |
| 5:00-5:30 | | HPE 295 | | HPE 295 | |
| 5:30-6:00 | | HPE 296 | | HPE 296 | |
| 6:00-6:30 | | HPE 297 | | HPE 297 | |
| 6:30-7:00 | | | | | |
| 7:00-7:30 | | | | | |
| 7:30-8:00 | | | | | |
| 8:00-8:30 | | | | | |
| 8:30-9:00 | | | | | |
| 9:00 - 9:30 | | | | | |

Colored area is the open weight room times.
 Must pay the gym user fee for the term
 All PE student have already paid the fee

P90X open
 Stretching open

BUILDING 5 GYM

| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------|---------------|-------------|---------------|-------------|----------------|
| 7:30-8:00 | | | | | |
| 8:00-8:30 | | Aikido | | Aikido | |
| 8:30-9:00 | HPE | Aikido | HPE | Aikido | |
| 9:00-9:30 | HPE | Aikido | HPE | Aikido | Judo/Boot camp |
| 9:30-10:00 | HPE | Boot Camp | HPE | Boot Camp | Judo/Boot camp |
| 10:00-10:30 | Soccer | Boot Camp | Soccer | Boot Camp | Judo/Boot camp |
| 10:30-11:00 | Soccer | Boot Camp | Soccer | Boot Camp | Judo |
| 11:00-11:30 | Soccer | Basketball | Soccer | Basketball | Judo |
| 11:30-12:00 | Basketball | Basketball | Basketball | Basketball | Judo |
| 12:00-12:30 | Basketball | Basketball | Basketball | Basketball | Volleyball |
| 12:30-1:00 | Basketball | Soccer | Basketball | Soccer | Volleyball |
| 1:00-1:30 | Spinning | Soccer | Spinning | Soccer | Volleyball |
| 1:30-2:00 | Spinning | Soccer | Spinning | Soccer | Volleyball |
| 2:00-2:30 | Spinning | HPE | Spinning | HPE | Volleyball |
| 2:30-3:00 | Jiu Jitsu | HPE | Jiu Jitsu | HPE | Volleyball |
| 3:00-3:30 | Jiu Jitsu | HPE | Jiu Jitsu | HPE | |
| 3:30-4:00 | Jiu Jitsu | Volleyball | Jiu Jitsu | Volleyball | |
| 4:00-4:30 | | Volleyball | | Volleyball | |
| 4:30-5:00 | Judo | Volleyball | Judo | Volleyball | |
| 5:00-5:30 | Judo/Spinning | HPE295 | Judo/Spinning | HPE295 | |
| 5:30-6:00 | Judo/Spinning | HPE295 | Judo/Spinning | HPE295 | |
| 6:00-6:30 | Spinning | HPE295 | Spinning | HPE295 | |
| 6:30-7:00 | Combative | Tae Kwon Do | Combative | Tae Kwon Do | |
| 7:00-7:30 | Combative | Tae Kwon Do | Combative | Tae Kwon Do | |
| 7:30-8:00 | Combative | Tae Kwon Do | Combative | Tae Kwon Do | |
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half the gym open
full gym open