Subject Area Committee Name: Fitness Technology

Contact Person

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Use this form to report the results for this year's assessments of the degree/certificate outcomes identified for the current year in your Multi-Year Plan (originally submitted 2013-2014). The Multi-Year Plan can be found at http://www.pcc.edu/resources/academic/degree-outcome/CTEPlansandReports.html. CTE SACs are charged with documenting that their students are attaining the published degree and certificate outcomes. This form is for the summary reporting of this evidence. Note: This form is **not** for:

- TSA reporting SACs who submit TSA data to the state do not need to submit the results again.
- Focal Outcome Assessment Projects use the LAC Focal Outcome Assessment Report Form CTE. Each CTE SAC will complete two focal outcome assessment projects each year. These reports document the SAC's assessments that focus on specific areas of interest or concern: areas where SACs suspect there are opportunities to better support student learning.

## Information and Reminders: Information and Reminders:

- Please attach any appropriate, supporting documentation for the summary information you report in this form (e.g., spreadsheets, other reports, etc).
- If you have trouble completing this form, contact Michele Marden to arrange for coaching assistance.
- Due: June 19, 2015; Send to Learning Assessment Council: learningassessment@pcc.edu
- Subject Line of Email: Summary Data Report (or SDR) for <your SAC name> (Example: SDR for NRS)
- File name: SACInitials\_SDR\_2015 (Example: NRS\_SDR\_2015)
- Information from this report may be inserted into or summarized in the Program Review Outline.

SACs are encouraged to share this report with their LAC coach for feedback before submitting.

## Summary Data for Degree/Certificate Outcomes

A. What type(s) of assessment were conducted for your overall degree/certificate outcomes (those identified for assessment in this academic year on the Multi-Year Plan)?
Check all that apply:
<ul> <li>State required Technical Skills Attainment (TSA)</li> <li>External exams/assessments</li> <li>Internal exams/assessments</li> <li>Employer assessments</li> <li>Other: Briefly describe: Survey's, Observational Checklists</li> </ul>
B. Attach the summary data for these assessments.  Note: TSA data does not need to be resubmitted.
Results attached?
☐ Yes ☐ No
C. Give a <u>very brief summary</u> of the notable results from this year's assessments (do <u>not</u> include your Focal Outcome Assessment Report information here).

The FT SAC has assessed all seven of our Outcomes multiples times since 2010 and this year we needed to focus on our Program Review, which includes many hours of assessment, review and reassessment. For the first time, instead of trying to keep up with assessing our outcomes (just to assess), we were able to reflect, evaluate, and came away with a better understanding of whether our students were meeting our Outcomes. A complete overview of our findings is included in our Program Review.

http://www.pcc.edu/resources/academic/program-review/documents/FTProgReview2015.pdf

D. Please comment briefly on any changes or planned changes to your courses, assessments, program, etc. that resulted from these assessments:

Overall, the FT program has done very well to ensure that FT students achieve PCC Core Outcomes while in the FT program (88%) or higher student agreement on 4 of 6 outcomes). In the 2010 PR, the FT SAC noted two areas where improvement was warranted to make sure that FT students are meeting PCC Core Outcomes: 1) Community & Environmental Responsibility (77%) and 2) Cultural Awareness (69%). After re-evaluating these two key outcomes over the past four years through the annual assessment process, the 2014 survey results show a 4% increase (81%) in Community and Environmental Responsibility, and an 11% increase (80%) in Cultural Awareness.

Similar to what we found in our Physical Education Program Review (we did two PR's this year), is that Cultural Awareness is somewhat difficult to assess and look forward to working with the LAC to come up with a viable tool to assess this outcome.

E. Please comment briefly on any changes to your assessment process that would lead to more meaningful results if these assessments were to be repeated (or adapted to another situation). If the assessment process worked well, please indicate this.

The FT SAC is a group of professionals who truly care about the quality of instruction that we provide for our students. We meet as a group twice per month to stay abreast of our courses, students, and industry changes. We conduct an allday retreat meeting once per year to plan for the coming year and make changes to improve the educational experience we provide. We are continually communicating to our stakeholders; internship site supervisors, advisory committee, other faculty, administration, and especially our students. We believe that we make the best adjustments and changes to enhance student learning for our program through this indirect process of assessment. We added an observational checklist to our assessment tools in 2012-13. This is utilized by parttime and full-time faculty when observing students demonstrating and implementing exercises. We improved the norming process for several assessment tools in 2013-2014. We added an instructional letter to all internship supervisors explaining the evaluation form, including a rubric with examples of performance criteria levels. In addition the FT SAC met and agreed upon the Observation Checklist implementation and appropriate rubric levels. Based on student survey feedback, the general education requirements of COMM 111 and PSY 101 were dropped. This change allows students more time to focus on the FT Core classes and gives the degree-seeking student more opportunity to take courses they need for degree completion and/or transfer.

As our Multi-Year indicates, for the year 2015-16, we will be focusing on our Healthy Older Adult Fitness Certificate and continue to collect data on our FT Degree and FT Certificate.