

# Midwifery Programs

## **Birthingway College of Midwifery**

[www.birthingway.org](http://www.birthingway.org)

12113 SE Foster Road

Portland, Oregon 97266

503-760-3131

Direct-Entry Midwives are specialists in birth outside the hospital, at home and in free-standing birth centers. The legal requirements for direct-entry midwifery education and licensing vary by state. In the United States, there is national certification for direct-entry midwives, but no national licensing. A Certified Professional Midwife (CPM) is nationally certified through the North American Registry of Midwives (NARM). If a midwife is licensed, it will be by the state(s) she practices in. Not all states offer licensing. In Oregon, midwives may choose to become a Licensed Direct-Entry Midwife (LDM).

Most direct-entry midwives are self-employed, providing care in a private office or at the client's home. Sometimes they work together at birth centers. Income varies depending on how many births a midwife attends, the area she lives in, what her fees are, and her expenses. A full-time midwife attending 3-5 births per month can expect to support herself and her family comfortably, but not lavishly.

Students who complete all of our midwifery program components should have achieved sufficient classroom and clinical knowledge to meet examination and experiential requirements for national (NARM) professional certification and Oregon state licensure as a direct-entry midwife. Such credentialing is not conducted by Birthingway. Other states may have different requirements.

### Requirements for a **Certificate in Midwifery**:

Required to graduate: 95 credit hours:

- 49 credit hours in Midwifery Core Courses
- 26 credit hours in Midwifery Supplemental & Elective Courses
- 20 credit hours in Apprenticeship Credit

### Requirements for a **Bachelor of Science in Midwifery**:

Required to graduate: 125 credit hours:

- Certificate of Midwifery
- 30 semester credit hours of General Education (45 quarter credits)

### General Education Courses:

- Six semester hours of English Composition
- Six semester hours of Humanities: Language, Lit., PHL, religious thought, fine arts (not emphasizing performance skills)
- Six semester hours of Social Studies or Sciences: ATH, Cult. GEO, HST, Religious HST and Culture, ECON, PS, PSY, and SOC
- Six semester hours of Natural Sciences: BI, CH, PHY, G, Physical GEO, and MTH
- Six additional semester hours in any Humanities, Social Studies or Natural Sciences course work

### **Application prerequisites:**

- H.S. or GED
- College Expository Writing course- PCC's WR 121- grade "B" or better
- BI 121 & 122 or BI 231, 232, & 233 with a "B" grade or better or take Anatomy & Physiology for Midwives at Birthingway
- Labor Doula Workshop or Course. A workshop is offered at Birthingway
- Meet technical standards. Technical standards are described at: [http://birthingway.org/application\\_process.html](http://birthingway.org/application_process.html)

Applications are due in October. Late applications will only be considered for admission if space is available after all other applicants have been considered. **Approximate cost for 3 year program: \$ 42,000**

# Oregon Health Sciences University

[www.ohsu.edu/son](http://www.ohsu.edu/son)

3455 SW US Veterans Hospital Rd.

Portland, OR.97239

503 494-7725

Certified nurse-midwives manage women's health care focusing on pregnancy, childbirth, postpartum, care of the newborn, and the family planning and gynecological needs of women. Nurse midwives provide primary care to women as well as specialty care and support for expecting mothers.

Upon graduation, more than half of all CNMs work primarily in an office or clinic environment, especially in hospitals or physician practices. CNMs in Oregon practice in a variety of settings including public health departments, university hospitals, private hospitals, home birth services, HMOs, birth centers and private practices. Compared with physicians, CNMs generally spend more time with patients during prenatal visits and put more emphasis on providing patient counseling, education, and emotional support. Most CNMs attend to their patients on a one-on-one basis during the entire labor and delivery process.

## **Requirements for the Master's degree in Midwifery**

**Prior Degree** It is expected that applicants to the nursing graduate programs have a B.S. with a major in nursing or B.S.N. degree from a program accredited by the National League for Nursing Accrediting Commission or the Commission of Collegiate Nursing Education. Applicants to the Master of Public Health degree program must hold a bachelor's degree in any field.

## **RN Status (MPH applicants excluded)**

Must be eligible for an [Oregon registered nurse license](#) upon application.

Must be licensed in the state of Oregon prior to matriculation.

May need to have completed at least one year of clinical practice as an RN (depending on individual specialty requirements).

## **Work Experience**

Certified Nurse Midwifery - recommended one year of labor and delivery experience.

**Grade Point Average** Minimum cumulative GPA of 3.0.

**Graduate Record Exam (GRE) Scores** [GRE](#) scores competitive (typically combined score of 1000 for Verbal and Quantitative sections).

**Statistics** Must successfully pass a basic statistics course with a grade of "B" or better within five years prior to entry into the master's program. Go to [Oregon Prerequisites Guide](#) and [Washington Prerequisites Guide](#).

**Letters of Recommendation** Applicants must submit three letters of reference as a part of the application process. OHSU prefers that applicants submit references from the following:

- A supervisor
- An instructor
- A co-worker or other

**Computer Requirements** School of Nursing students are required to have access to a computer with pre-determined minimum capabilities, independent of the School of Nursing and university resources. All students are required to have minimal computer literacy skills.

## **Tuition for the Master of Science or Master of Nursing:**

\$482.00/credit for Oregon Residents

\$1570.00/per term fees

## International Center for Traditional Childbearing

[www.blackmidwives.org](http://www.blackmidwives.org)

2823 Rosa Parks Way  
Portland, Oregon 97217

503-460-9324

[ictc@ictcmidwives.org](mailto:ictc@ictcmidwives.org)

ICTC is a non-profit, culturally diverse, pregnancy support, health promotion and training organization offering prenatal and parenting classes, doula services/training's and complete pregnancy support. As a whole, ICTC strives to positively impact the lives of the unborn, newborn, mothers, fathers and their families; through education, breastfeeding promotion, and overall self-care. ICTC is fully committed to the empowerment of women, increasing positive birth outcomes and decreasing infant mortality in African American Communities.

### Full Circle Doula / Birth Companion Training

Doula Registration

Member Rate \$400.00 Non- Member Rate \$500.00 Late-Member Rate \$425.00 Late Non-Member Rate \$525.00

### Training Includes

- Infant Mortality Prevention
- Labor, Birth and Postpartum Support
- Physical and Emotional Aspects of Pregnancy
- Recording Pregnancy and Labor Progress
- Establishing Successful Breastfeeding
- Newborn Care
- Bonding Support Between Newborn, Mother and Family
- Working with Birth Teams
- Lead Prevention Awareness
- Culture and Diversity and Sensitivity
- Traditional and Spiritual Birth Practices
- Relaxation and Massage Techniques
- Creating a Business
- Self Care and Much More

Our trainings are perfect for students interested in learning Doula skills from an international perspective, focusing on enhancing the prenatal and birth experience for women and their families. Full Circle Birth Companion Doulas will learn also learn Childbirth Education methods, New Baby Care, and Breastfeeding counseling. Our training staff is comprised of midwives, health workers, and guest speakers, who are experts in the maternal and child health field.

The International Center for Traditional Childbearing (ICTC) is a non-profit infant mortality prevention, pregnancy support, and midwife/doula training program, established in 1991.

ICTC encompasses oral traditions from Africa, the Caribbean, and the "Deep South." We educate and advocate through community workshops, study groups, or just one to one support. ICTC is inclusive in its membership. We have an affirmative action policy that we uphold in spirit as well as letter.

# Aviva Institute (on-line program)

<http://www.avivainstitute.org/index.htm>

Aviva Institute offers **exceptional midwifery education** in addition to training for doulas, childbirth educators, lactation specialists and related professionals. We offer a **certificate** and a **Bachelor of Science** in Midwifery. Our **community-based** model provides all academic coursework **100% online**, with clinical (hands-on) training in the student's home community, with an approved [preceptor](#), or in one of our many affiliated [clinical sites](#).

Midwifery programs are based on the [MANA Core Competencies](#), are designed to prepare students for the [Certified Professional Midwife](#) (CPM) credential, and to meet or exceed US state licensing or certification requirements in these [states](#).

**Approved Preceptors in the Portland Area:** Madrona Bourdeau CPM, LDM, and Jennifer Gallardo CPM, LDM

## Affiliated Clinical Site:

Andaluz Waterbirth Center

19255 SW 65th Ave Suite 220 Tualatin, OR 97062

Licensed Birth Center and Homebirth practice, five licensed staff midwives. Average births per month: 15-20

## **Fall 2009 tuition:**

\$115/credit for prerequisite courses

168 quarter credits for the certificate. Bachelor of Midwifery requires the certificate plus an additional 26 credits.

## **Prerequisites for Admission:**

1. Hold a high school diploma or GED.
2. Non-native English speakers must have a [TOEFL iBT](#) score of 79 or higher.
3. Must be able to be online five out of every seven days. Any time of day is fine, but must be able to devote time to study, estimated time 20-30 hours a week.
4. In cases where there is not an [approved preceptor](#) in your area who does enough births to meet graduation requirements in a reasonable amount of time, you must be able to travel or relocate to an [Affiliated Clinical Site](#).
5. Two letters of reference from someone not related or living with you describing why you would make a good midwife.
6. You must have a commitment to the midwives' model of care, and completing your midwifery training as a CPM.
7. Successful completion of the prerequisites.

## **Certificate Requirements**

### **Prerequisites**

OPEN	<a href="#">Birth Doula Course</a>
<a href="#">INTR 0101</a>	<a href="#">Orientation and Study Success</a>
<a href="#">MED 0302</a>	<a href="#">Essentials of Medical Terminology</a>
<a href="#">BIOL 0503</a>	<a href="#">Anatomy &amp; Physiology I</a>
<a href="#">BIOL 0504</a>	<a href="#">Anatomy &amp; Physiology III</a>

### **I. Guiding Principles of Practice**

HIST 1201 Intro to the History of Midwifery  
STAT 1309 Statistics and Evidenced Based Care  
SOC1 2308 Cultural Diversity  
PHIL 3305 Ethics in Maternal/Child health

### **II. General Knowledge and Skills**

COMM 2201 Communication Skills  
MDWF 1204 Charting and Documentation  
BIOL 1205 Applied Microbiology  
HLTH 1206 Infection Prevention  
CLNC-1-MED Vitals and General Medical Practicum

### **III. Care During Pregnancy**

BIOL 1302 Genetics, Embryology and Fetal Development  
MDWF 1203 Normal Pregnancy  
MDWF 1307 Prenatal Care I - Exams  
MDWF 1208 Prenatal Care II - Screening & Tests  
MDWF 2402 Pregnancy Complications

CLNC-10 Prenatal Clinical Practicum  
HLTH 1410 Nutrition for Childbearing  
HLTH 1211 Herbs for the Childbearing

### **IV. Care During Labor, Birth, & Immediately Thereafter**

MDWF 2403 Normal Labor  
MDWF 2405 Labor Complications  
MDWF 2115 IV Therapy  
MDWF 2116 Suturing  
CHEM 2212 Introduction to Organic Chemistry  
MDWF 2214 Pharmacology for Midwives  
CLNC-40-INTP Intrapartum Clinical Practicum

### **V. Postpartum Care**

MDWF 2206 Normal Postpartum  
MDWF 2307 Postpartum Complications  
LACT 2313 Lactation for Midwives  
CLNC-6-PP Postpartum clinical practicum

### **VI. Newborn Care**

MDWF 2209 Normal Newborn  
MDWF 2310 Complications of the Newborn  
MDWF 2111 Midwifery Management of Neonatal Resuscitation  
PED 3304 Infant Growth & Development  
CLNC-6-NB Newborn clinical practicum

### **VII. Professional, Legal and Other Aspects**

PSYC 3403 Counseling for at Risk Families  
MDWF 3406 Practice Management  
PHIL 3205 Ethics in Maternal/Child health  
MDWF 3207 Legal Aspects of Midwifery Practice  
CLNC-2-BUS Business Practicum

### **VIII. Well-Woman Care & Family Planning**

HLTH 3201 Sexuality in the childbearing year  
MDWF 3302 Family Planning, Well woman care  
CLNC-3-GYN GYN practicum