

Lower-Division Department Requirements for the Nutrition Major:
Nutrition Core

OSU Courses	Qtr. Credits	PCC Course Equivalents	Qtr. Credits
NFM/NUTR 240 Human Nutrition	4	No PCC equivalent	-
MB 230 Microbiology	4	BI 234 Microbiology	5
COMM 111 or 114 Public Speaking, Argument & Crit. Discourse	3	SP 111 or 112 Public Speaking, Persuasion/Argument	4

Science/Social Science:

Z 331 & 341, 332 & 342, 333 & 343 Anatomy & Physiology lecture and lab	15	*BI 231, 232, 233 Anatomy & Physiology I	12
CH 121, 122, 123 or CH 221, 222, 223 General Chemistry	15	CH 221, 222, 223 General Chemistry	15
CH 331 & 332 Organic Chemistry	8	**CH 242 & 243 Organic Chemistry (CH 241 is a prerequisite)	15
BI 211, 212, & 213 Principles of Biology	12	BI 211, 212, & 213 Principles of Biology	15
PSY 201, 202 General Psychology	6	PSY 201/201A and 202/202A Intro. to Psychology I & II	8
MTH 112 Elementary Functions	4	MTH 112 Elementary Functions	5
PH 201 & 202 General Physics	10	PHY 201 & 202 General Physics <i>Physician's Assistant/Pre-Med students should also take PHY 203</i>	8

Recommended Electives:

MTH 251 Differential Calculus	4	MTH 251 Calculus I	4
PSY 350 Human Lifespan Development	4	*PSY 215 Human Development	4

* *These courses may be completed at the 200-level but will not be given 300-level credit. 60 credits need to be taken at the 300-400 level.*

****Organic Chemistry** - CH 241, 242, 243 (only as a complete sequence and with C or better in all courses) may be used to fulfill the organic chemistry requirement at OSU. The CC organic chemistry courses are transferred as lower division (LD) credit because the courses are officially 200-level at the community college. If a student takes a complete year of organic chemistry with laboratory each term at an Oregon Community College (CH 241, 242, 243) and transfers to OSU, the student normally receives lower credit. The course work may appear on the transcript as various combinations of CH 331, CH 332, CH 337, and unspecified LDT credit (lower division transfer). In accordance with an OUS (formally OSSHE) memo (August 1, 1995), a student can receive upper division credit (300 level) if they pass the ACS organic exam.

The [Nutrition Science](#) option is designed for students who want to focus more in the sciences and the scientific basis of nutrition. Courses include chemistry, biochemistry, biology, physiology, psychology, physics, math, statistics, and food and nutrition. Students may pursue careers in medicine, academia and/or health related research. Professionals trained in nutrition science have many career options due to population growth and aging, the focus on prevention of chronic diseases, and a growing emphasis on health, nutrition, and wellness.

Nutrition and Exercise Sciences
 200 Milam Hall Corvallis, OR 97331
 541-737-2643 (NES Main Office)
 Carey Hilbert (Advisor) 116 Milam Hall 541-737-8900
<http://www.hhs.oregonstate.edu/nes/index.html>
 (refer to the web site for application instructions)

Dietetics option: Dietitians provide guidance to the public about nutrition and diet. Students must declare the Pre-Dietetics option through the HHS Advising office and complete prerequisite coursework with a grade of C- or better to apply to the Dietetics program ([Dietetic Admission Requirements Form](#).) Admission to Oregon State University makes one eligible to apply for admission to the dietetics program. Students are accepted into the dietetics option as undergraduates, post baccalaureates, graduates and transfer students after meeting the prerequisite courses and grade requirements. The [Dietetics](#) degree option at OSU is accredited by the American Dietetic Association and prepares students to become registered dietitians. This option provides the course work and preparation to enter a supervised dietetic internship, pass the registered dietitian (RD) exam, and become a leader in the profession. Graduates from OSU's program consistently exceed the national average for placement into accredited dietetic internships and for passing the RD exam the first time.

Pre-Dietetics prerequisites:

CH 121, 122, 123 or CH 221, 222, 223 General Chemistry	15	CH 221, 222, 223 General Chemistry	15
CH 331 Organic Chemistry	4	**CH 241 Organic Chemistry	5
BI 212 Principles of Biology	4	BI 211, 212, & 213 Principles of Biology All 3 courses must be taken to be equivalent to OSU's BI 212	15
PSY 201 General Psychology	3	PSY 201/201A Intro. to Psychology I	4
MB 230 Introductory Microbiology	4	BI 234 Microbiology	5
NUTR 104, 240, 241, 325	8	Take at OSU	-
WR 121 English Composition	3	WR 121 English Composition	4

**See Organic Chemistry policy on front page.

PCC DEGREE/TRANSFER INFORMATION:

Associate of Arts/Oregon Transfer (AAOT) Degree – The courses listed above may be included in the AAOT degree. Students who complete this degree and are accepted at Oregon public universities will be admitted as having completed all lower division comprehensive and General Education requirements for a baccalaureate degree.

Associate of Science (AS) Degree – The courses listed above may be included in the AS degree. The degree does NOT guarantee that students will be accepted as having completed all lower division comprehensive and General Education requirements for a baccalaureate degree. Student should work with an Academic Advisor to plan for transfer to the school and major of their choice.

Transfer without a PCC Degree – Students may elect to earn credits and transfer to a four-year institution without earning a PCC degree. Please meet with an Academic Advisor for an individualized plan of study.

PCC endeavors to create accurate transfer guides for students; however, requirements may change without notice. Students are responsible for working with PCC advisors and their transfer institution to ensure that their academic plan will meet requirements and timelines.