

# How to Plan Your Course of Study

## 1. Courses to take prior to be accepted into the program

- a. **Courses You Must Take Prior to Admission** - You must have taken or be enrolled in the following courses when you apply for admission into the AD Counselor Program:

- AD 101 Alcohol Use and Addiction
- WR 115 Introduction to Expository Writing (or test ready for WR 121)

b. **Courses You May Take Prior to Application and/or Admission into the Program**

- AD 101 Alcohol Use and Addiction
- AD 102 Drug Use and Addiction
- AD 103 Women and Addiction
- AD 104 Multicultural Counseling
- AD 184 Men and Addiction
- WR 115 Intro to Expository Writing
- WR 121 English Composition
- WR 122 English Composition
- PSY 201 or 202 Intro to Psych I or II (or 201A or 202A)
- PSY 239 Intro to Abnormal Psych
- 1 course from the "Arts & Humanities" list (SP 111 with Johnson is recommended)
- 1 course from the "Math / Natural & Physical Science / Computer Studies" list
- Math (Math 20 is required to take Psychology courses, Math 65 is required to receive an AAS degree)

c. **Courses that are awarded points for program entry**

- AD 101 Alcohol Use and Addiction
- AD 102 Drug Use and Addiction
- AD 104 Multicultural Counseling
- WR 121 English Composition
- WR 122 English Composition
- Math 20 (or placement at that level or higher)

## 2. Courses to take after you have been accepted into the program

a. **Courses to take in order to get into practicum**

- WR 121 English Composition (required for any AD 150 level course)
- WR 122 English Composition (required for any AD 150 level course)
- AD 102 Drug Use and Addiction
- AD 150 Basic Counseling and Addiction (take with AD 151)
- AD 151 Basic Counseling Skills Mastery (take with AD 150)
- AD 152 Group Counseling and Addiction
- AD 153 Theories of Counseling
- AD 154 Case Management and Addiction
- AD 155 Motivational Interviewing (Prerequisite: AD 150 and 151, take with AD 157)
- AD 156 Ethical and Professional Issues
- AD 157 Motivational Lab (Prerequisite: AD 150 and 151, take with AD 155)
- AD 278 Practicum Preparation (take this course when you are within 6 months of entering practicum. This could be as soon as the first term you are accepted into the program).

b. **Courses to schedule after you have prioritized practicum prerequisites**

- AD 103 Women
- AD 104 Multicultural
- AD 184 Men
- AD 201 Family
- AD 250 Advanced
- AD 251 Advanced Lab
- AD 255 Multiple Diagnosis
- AD 270 A Practicum
- AD 270 B Practicum.

**3. How to create your schedule**

- a. Obtain a copy of the year long tentative class schedule.
- b. Identify which courses you need to take to meet your time schedule goals.
- c. Obtain a copy of the current class schedule.
- d. Register as early as possible.
- e. If the class you want fills, be sure to sign up on the waiting list. It is not uncommon for the program to offer another section of a course if enough students need it and space is available to offer the course.
- f. Students are encouraged to use Grad Plan and to contact the Programs Advisor (Merry Boyd Bunch) to help them insure they are taking the appropriate classes to meet their goals.