

ESL Institutional Food Service

Vocational Training for Non-Native English Speakers

This 10-week vocational training prepares non-native English speakers for entry-level jobs in the food service industry. Students obtain food handler's cards and learn about kitchen organization, food vocabulary, customer service and workplace safety. Students attend class four afternoons a week, take field trips to several institutional kitchens, and gain worksite experience in an unpaid internship with a local employer. Most internships are two or three mornings a week for 10 weeks.

The curriculum also includes proven career planning and job search components. Following classroom training and the internship, students who are not yet employed continue to meet in small groups for assistance in job search. Based on past graduates of the training, average starting wages are from \$8.25 to \$11 per hour.

Features

ESL Institutional Food Service is listed on the State of Oregon Eligible Training Provider list.

This non-credit course is approved as a State of Oregon Occupational Preparatory course.

The training includes classroom instruction, internships, job search and placement assistance.

Classroom: 12 hours per week

- Kitchen organization
- Menu reading
- Dietary cards
- Use of electronic cash register
- Review basic math and money skills
- Field trips to institutional kitchens
- Food Handler's Card
- Safety procedures
- Workplace communication
- Customer service
- Career Planning:
Job applications, Resumes, Cover letters, Interview practice, Videotaped mock interviews

Internship: 8 to 12 hours per week

- Unpaid work experience
- Hands-on work in an institutional kitchen:
 - Hospitals
 - Retirement homes
 - Assisted living or nursing homes
 - Schools
 - Deli/Grocery Service
 - Food service agencies

Job Search: 6 to 12 hours per week

- Job search strategies and techniques
- Individualized one-on-one assistance in job search
- Customized cover letters and resumes for each position

Cost for tuition and books (estimated)

DWP and One Stop participants in Multnomah and Washington Counties..... est. cost \$2,016

Students paid by 3rd party vendors..... est. cost \$2,021

For training information, contact: **Sara Nelson Treadway**, sara.nelson1@pcc.edu, Phone: 503-788-6284.

For more information about Career Pathways go to:

www.pcc.edu/cp

Career Pathway Trainings are offered by PCC

Portland Community College is an Affirmative Action, Equal Employment Opportunity Institution. If you have a disability that requires any special materials, services or assistance, please contact the Office for Students with Disabilities, 503-977-4341, TTY 503-977-4877, at least 72 hours prior to the first class so we may arrange appropriate accommodations. For general information via TTY, call 503-977-4877.

Mt. Hood Community College is an Equal Opportunity Employer that actively supports workforce diversity. Individuals requiring accommodations due to a disability should contact the Disability Services Office at 503-491-6923 or 503-491-7670 (TDD). Please call at least two weeks prior to the event to ensure availability.

