

VESL Direct Care Worker



Vocational Training for English Language Learners

This 11-week vocational training prepares non-native-English speakers for jobs as caregivers in assisted living facilities (ALFs). The curriculum focuses on general knowledge about working in an ALF (for example, roles and responsibilities, resident service plans, confidentiality and privacy guidelines under HIPAA, state reporting requirements); medical information on the human body and the physical effects of aging; and the practical skills required to be a caregiver in an assisted living facility. Average starting wages for caregivers are from \$8.50 to \$11 per hour.

Training Format

Students attend class five afternoons a week and work approximately 12 hours a week in an unpaid internship. The curriculum also includes proven job readiness and job search components.

Following classroom training and the internship, students who are not yet employed continue to meet in small groups for assistance in job search.

Features

- Training is on the State of Oregon Eligible Training Providers list (WIA).
- This non-credit course is approved as a State of Oregon Occupational Preparatory course.
- Training includes classroom instruction, internships, and job search and placement assistance.
- Offered in partnership with PCC CLIMB Center for Advancement.

Prerequisites

- Intermediate English proficiency
- High school diploma or GED is recommended
- Pass a criminal background check
- Negative tuberculosis (TB) skin test

Estimated Cost

Total \$2,808

Parking \$40 per term

Total includes tuition, fees, supplies, TB screening, criminal background check and CPR card. Third party vendor charges may apply. For more information about third party billing, visit www.pcc.edu/tpbilling. For the most up-to-date costs, visit www.pcc.edu/cp.

Program Components

Classroom: 15 hours per week

- Assisted living definitions, roles and responsibilities
- Observing, reporting, documenting resident health
- Physical effects of aging
- Common diets and hydration
- Care of diabetics
- Preventing infection
- Emergency situations and safety procedures
- Personality disorders
- Body systems (including circulatory, digestive, musculoskeletal, nervous immune, urinary)
- Caregiver skills (such as fall prevention, personal grooming, incontinence management)
- Take vital signs (pulse, temperature, blood pressure)
- CPR card
- Customer service
- Workplace communication
- Career Planning: job applications, resumes, cover letters, interview practice and videotaped mock interviews

Internship: 12 to 15 hours per week

- Unpaid work experience at an assisted living facility
- Practice skills learned in the classroom
- Job shadow a caregiver mentor under nurse supervision

Job Search: 6 to 12 hours per week

- Job search strategies and techniques
- Individualized one-on-one assistance in job search
- Customized cover letters and resumes for each position

Steps to Admission

Attend an information session. Scheduling information available online at www.pcc.edu/cp or by speaking with the contact person listed below.

Contact

Sara Nelson Treadway, 971-722-6284, sara.nelson1@pcc.edu

For more information visit www.pcc.edu/cp