

ESL Vocational Direct Care Worker

Vocational Training for Non-Native English Speakers

This 10-week vocational training prepares non-native English speakers for jobs as caregivers in assisted living facilities (ALFs). The curriculum focuses on general knowledge about working in an ALF (for example, roles and responsibilities, resident Service Plans, confidentiality and privacy guidelines under HIPAA, state reporting requirements); medical information on the human body and the physical effects of aging; and the practical skills required to be a caregiver in an assisted living facility. Students attend class five afternoons a week and work 12 hours a week in an unpaid internship. The curriculum also includes proven job readiness and job search components.

Following classroom training and the internship, students who are not yet employed continue to meet in small groups for assistance in job search. Average starting wages for caregivers are from \$8.50 to \$11 per hour.

Students need to have intermediate to advanced English proficiency and preferably have a high school diploma. They also need to pass a criminal background check and TB skin test.

Cost for tuition and books (estimated)

DWP and One Stop participants
in Multnomah and Washington Counties est. cost \$2,287

3rd party vendor supported students est. cost \$2,292

Book Cost: Available at the Book Store: (estimated)..... \$35.00

Features

ESL Direct Care Worker training is in the process of being listed on the State of Oregon Eligible Training Provider list.

This non-credit course is approved as a State of Oregon Occupational Preparatory course.

The training includes classroom instruction, internships, job search and placement assistance.

For program information, contact **Sara Nelson Treadway**, sara.nelson1@pcc.edu, Phone: 503-788-6284.

Classroom: 20 hours per week

- Assisted living definitions, roles and responsibilities
- Observing, reporting, documenting resident health
- Physical effects of aging
- Common diets and hydration
- Care of diabetics
- Preventing infection
- Emergency situations
- Personality disorders
- Body systems (including circulatory, digestive, musculoskeletal, nervous, immune, urinary)
- Caregiver skills (such as Fall Prevention, Personal Grooming, Incontinence Management)
- Take vital signs (pulse, temperature, blood pressure)
- CPR Card
- Customer service
- Workplace communication
- Safety procedures
- Job readiness/career planing
- Job applications
 - Resumes, cover letters, interview practice, videotaped mock interviews
- Offered in partnership with PCC Institute for Health Professionals

Internship: 12 hours per week

- Unpaid work experience at an assisted living facility
- Practice skills learned in the classroom
- Job shadow a caregiver mentor under nurse supervision

Job Search: 6 to 12 hours per week

- Job search strategies and techniques
- Individualized one-on-one assistance in job search
- Customized cover letters and resumes for each position

For more information about Career Pathways go to:

www.pcc.edu/cp

Career Pathway Trainings are offered by PCC.

Portland Community College is an Affirmative Action, Equal Employment Opportunity Institution. If you have a disability that requires any special materials, services or assistance, please contact the Office for Students with Disabilities, 503-977-4341, TTY 503-977-4877, at least 72 hours prior to the first class so we may arrange appropriate accommodations. For general information via TTY, call 503-977-4877.

